



YOUR MATERNITY WARDROBE—SOLVED!

The best approach to maternity-clothes management: Create a “capsule wardrobe.” Think of it as a tightly edited collection of mix-and-match basics you can dress up or down with accessories. Here’s how:

1

Comb through your closet for regular clothing you can still wear: Think blazers, oversize sweaters, looser knit tops, and empire-waist maxi dresses.

2

Gather maternity clothes from previous pregnancies, but don’t feel obligated to include stuff you don’t like just because it fits.

3

Assess what holes you have in your maternity capsule, then strategically invest in a few quality pieces. (Quick tip: HeyBloomwell.com has a nice lineup of office-ready blouses and pants.)

4

Organize your clothing so your maternity-capsule wardrobe is front and center.

5

Relocate your nonmaternity clothes to the back of your closet (or even another part of the house), and make sure there is a clear delineation between what currently fits and what doesn’t; a rod divider will do the trick!

6

Consider renting outfits for special events from a service like Rent the Runway. This will prevent you from buying garments you’re likely to wear only once or twice.