

Chili's Gluten-Friendly Menu-Effective: 10/7/25



Notice: - If a person in your party has a food allergy, please contact the restaurant, or notify a manager before placing your order. Because we have multiple sources of gluten in our kitchen there is risk that gluten cross-contact may occur during the preparation and cooking of these items. ** Denotes ingredient is cooked on a surface with other gluten-containing foods OR in shared fryers—exposing ingredient to gluten cross-contact.

Appetizers

Chicken Bacon Ranch Nachos**
Tostada Chips** & Guacamole, Ranch, or Southwest Queso
Texas Cheese Fries**

Wings

Bone-In Wings** Flavors: Buffalo Sauce, Honey Chipotle, Nashville Hot, House BBQ

Rib Plates without Sides

Flavors: House BBQ

Big Mouth Burgers without Bun**

Alex's Santa Fe Burger
Bacon Cheeseburger
Bacon Rancher
Big QP
Big Smasher
Mushroom Swiss
Oldtimer Burger

Fajitas with Corn Tortillas **

Grilled Chicken, Steak or Shrimp

Guiltless Grill **

6 oz or 10 oz Sirloin
Ancho Salmon
Margarita Grilled Chicken

Steaks **

Classic Ribeye
Classic 6 oz or 10 oz Sirloin
Surf & Turf Sirloin or Ribeye

Kids Menu

Grilled Chicken
Applesauce
Corn Kernels
Mashed Potatoes
Salad with Ranch without Croutons
Steamed Broccoli

Salads & Bowls

House Salad **without** Croutons
Add Grilled Chicken
Add Ancho Salmon **
Add Shrimp
Chipotle Chicken Fresh Mex Bowl with Tortilla Strips**
Santa Fe Grilled Chicken Salad with Tortilla Strips **

Soup

Loaded Baked Potato Soup

Salad Dressings

Avocado Ranch
Blue Cheese
Citrus Balsamic Vinaigrette
Honey Mustard
Ranch
Santa Fe
Thousand Island

Rib Combos without Sides

House BBQ Ribs
Jalapeno-Cheddar Smoked Sausage

Side Notes

Grilled Asparagus
Garlic Butter Mushrooms
Black Beans
French Fries **
Loaded Mashed Potatoes
Mashed Potatoes
Mexican Rice
Shrimp
Steamed Broccoli

The following menu does not contain gluten-containing ingredients based on information from our approved suppliers. Chili's makes no claim that these items meet the definition of gluten-free, defined as containing less than 20 ppm of gluten per FDA standards.