



CHILI'S NUTRITION

Effective 4/15/25

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

All items are listed **as served**, unless otherwise indicated.

DINING ROOM PORTIONS										
Beverages - Beer Bottle	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Angry Orchard 12 fl oz	190	0	0	0	0	20	25	0	20	0
Bud Light 12 fl oz	110	0	0	0	0	0	7	0	0	1
Budweiser 12 fl oz	150	0	0	0	0	0	11	0	0	1
Coors Light 12 fl oz	100	0	0	0	0	10	5	0	0	1
Corona Extra 12 fl oz	150	0	0	0	0	15	14	0	0	1
Corona Premier 12 fl oz	90	0	0	0	0	0	3	0	0	1
Dos Equis 12 fl oz	130	0	0	0	0	0	11	0	3	1
Heineken 00 12 fl oz	70	0	0	0	0	5	17	0	4	0
Heineken 12 fl oz	140	0	0	0	0	10	11	0	2	3
Michelob Ultra 12 fl oz	100	0	0	0	0	0	3	0	0	1
Miller Lite 12 fl oz	100	0	0	0	0	0	3	0	0	0
Stone IPA 12 fl oz	200	0	0	0	0	30	18	0	0	1
Truly's Strawberry Lemonade	100	0	0	0	0	45	3	0	1	0
Beverages - Beer Draft (10, 16, 22 oz)	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bud Light 10 fl oz	90	0	0	0	0	0	5	0	0	1
Bud Light 16 fl oz	150	0	0	0	0	0	9	0	0	1
Bud Light 22 fl oz	200	0	0	0	0	0	12	0	0	2
Blue Moon 10 fl oz	140	0	0	0	0	15	12	0	9	2
Blue Moon 16 fl oz	220	0	0	0	0	20	19	0	14	3
Blue Moon 22 fl oz	310	0	0	0	0	30	26	0	20	3
Coors Light 10 fl oz	90	0	0	0	0	10	4	0	0	1
Coors Light 16 fl oz	140	0	0	0	0	15	7	0	0	1
Coors Light 22 fl oz	190	0	0	0	0	20	9	0	0	2
Craft Beer 3-5 % ABV 10 fl oz	110	0	0	0	0	0	11	0	0	0
Craft Beer 3-5 % ABV 16 fl oz	180	0	0	0	0	0	17	0	0	0
Craft Beer 3-5 % ABV 22 fl oz	240	0	0	0	0	0	24	0	0	0
Craft Beer 6-8 % ABV 10 fl oz	190	0	0	0	0	0	17	0	0	0
Craft Beer 6-8 % ABV 16 fl oz	300	0	0	0	0	0	27	0	0	0
Craft Beer 6-8 % ABV 22 fl oz	410	0	0	0	0	0	37	0	0	0
Dos Equis 10 fl oz	110	0	0	0	0	0	9	0	3	1
Dos Equis 16 fl oz	170	0	0	0	0	0	15	0	4	1
Dos Equis 22 fl oz	240	0	0	0	0	0	20	0	6	2
Michelob Ultra 10 fl oz	80	0	0	0	0	0	2	0	0	1
Michelob Ultra 16 fl oz	130	0	0	0	0	0	3	0	0	1
Michelob Ultra 22 fl oz	170	0	0	0	0	0	5	0	0	1
Miller Lite 10 fl oz	80	0	0	0	0	0	3	0	0	0
Miller Lite 16 fl oz	130	0	0	0	0	5	4	0	0	0
Miller Lite 22 fl oz	180	0	0	0	0	10	6	0	0	0
Modelo Especial 10 fl oz	120	0	0	0	0	15	11	0	0	1
Modelo Especial 16 fl oz	190	0	0	0	0	25	18	0	0	1
Modelo Especial 22 fl oz	260	0	0	0	0	35	25	0	0	2
Stella Artois 10 fl oz	130	0	0	0	0	0	10	0	0	0
Stella Artois 16 fl oz	200	0	0	0	0	0	16	0	0	0
Stella Artois 22 fl oz	280	0	0	0	0	0	21	0	0	0
Sam Adams Boston Lager 10 fl oz	140	0	0	0	0	15	14	1	1	2
Sam Adams Boston Lager 16 fl oz	230	0	0	0	0	25	23	1	1	3
Sam Adams Boston Lager 22 fl oz	310	0	0	0	0	35	31	2	2	4
Sam Adams Cold Snap 10 fl oz	140	0	0	0	0	15	12	1	0	2
Sam Adams Cold Snap 16 fl oz	230	0	0	0	0	25	19	1	0	3
Sam Adams Cold Snap 22 fl oz	310	0	0	0	0	35	26	2	0	4
Sam Adams Octoberfest 10 fl oz	160	0	0	0	0	15	16	1	0	2
Sam Adams Octoberfest 16 fl oz	250	0	0	0	0	25	25	1	0	3
Sam Adams Octoberfest 22 fl oz	350	0	0	0	0	35	35	2	0	4
Sam Adams Summer Ale 10 fl oz	140	0	0	0	0	15	12	1	0	2
Sam Adams Summer Ale 16 fl oz	230	0	0	0	0	25	19	1	0	3
Sam Adams Summer Ale 22 fl oz	310	0	0	0	0	35	26	2	0	4
Sam Adams Winter Lager 10 fl oz	160	0	0	0	0	25	15	1	0	2
Sam Adams Winter Lager 16 fl oz	250	0	0	0	0	40	24	1	0	3
Sam Adams Winter Lager 22 fl oz	350	0	0	0	0	55	33	2	0	4
Beverages - Cocktails	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Captain's Castaway	240	0	0	0	0	0	49	0	46	0
Casamigos Old Fashioned	160	0	0	0	0	0	8	0	7	0
Deep Eddy Strawberry Texas Lemonade	270	0	0	0	0	5	33	0	30	0
High Noon Pineapple Hard Seltzer	100	0	0	0	0	0	4	0	3	0
House-Made Sangria	210	0	0	0	0	10	28	1	25	1
Maker's Mark Old Fashioned	160	0	0	0	0	0	8	0	7	0

Beverages - Cocktails	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Premium Long Island Iced Tea	290	0	0	0	0	0	32	0	28	0
Tequila Espresso Martini	190	0	0	0	0	70	26	0	21	0
Tito's Bloody Mary or Maria	140	1.5	0	0	0	1650	11	2	5	2
Tito's Punch	320	0	0	0	0	10	53	0	50	0
Beverages - Margs (Signature, Specialty, Top Shelf)	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Casamigos Marg	240	0	0	0	0	880	29	0	27	0
Don Julio Marg	180	0	0	0	0	520	21	0	19	0
El Nino Marg	330	0	0	0	0	1160	34	0	29	0
Frozen Sangria 'Rita	240	0	0	0	0	10	35	0	31	0
Grand Coconut Marg	360	0	0	0	0	0	64	0	61	0
Henny Marg	320	0	0	0	0	1160	45	0	40	0
House Mar-Go-Rita Classic	190	0	0	0	0	660	24	0	21	0
House Mar-Go-Rita Frozen Classic	320	0	0	0	0	770	48	0	43	0
House Mar-Go-Rita Frozen Mango	400	0	0	0	0	10	71	0	65	0
House Mar-Go-Rita Frozen Strawberry	340	0	0	0	0	10	57	1	51	0
House Mar-Go-Rita Mango	340	0	0	0	0	0	60	0	57	0
House Mar-Go-Rita Strawberry	230	0	0	0	0	0	33	1	30	0
Patron Marg	300	0	0	0	0	1160	43	0	38	0
Patron Marg - Blackberry	390	0	0	0	0	0	67	0	63	0
Patron Marg - Dragon Fruit	400	0	0	0	0	0	68	0	63	0
Patron Marg - Mango	410	0	0	0	0	0	70	0	64	0
Patron Marg - Spicy	320	0	0	0	0	510	47	0	38	0
Patron Marg - Strawberry	330	0	0	0	0	0	52	0	47	0
Patron Marg - Watermelon	400	0	0	0	0	30	69	0	64	0
Presidente Marg	240	0	0	0	0	1020	24	0	20	0
Presidente Marg - Blackberry	340	0	0	0	0	0	49	0	45	0
Presidente Marg - Dragon Fruit	340	0	0	0	0	5	49	0	44	0
Presidente Marg - Mango	350	0	0	0	0	0	50	0	46	0
Presidente Marg - Strawberry	270	0	0	0	0	0	33	1	28	0
Presidente Marg - Watermelon	340	0	0	0	0	35	50	0	46	0
Skinny Marg	150	0	0	0	0	530	13	0	12	0
Spice-A-Rita	250	0	0	0	0	510	33	0	26	0
Tito's Watermelon Spritz	280	0	0	0	0	25	43	0	41	0
Tiki Beach Party Marg	310	0	0	0	0	0	48	0	44	0
Beverages - Shots	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Teremana Shot	80	0	0	0	0	0	0	0	0	0
Patron Silver Shot	80	0	0	0	0	0	0	0	0	0
Mexican Candy Shot	60	0	0	0	0	750	5	0	4	0
Green Tea Shot	120	0	0	0	0	5	16	0	15	0
Jack Daniel's Shot	80	0	0	0	0	0	0	0	0	0
Lemon Drop Shot	110	0	0	0	0	0	11	0	10	0
Beverages - Wine	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Red Wine 6 fl oz	150	0	0	0	0	5	5	0	1	0
Red Wine 9 fl oz	220	0	0	0	0	10	7	0	2	0
White Wine 6 fl oz	140	0	0	0	0	10	4	0	2	0
White Wine 9 fl oz	210	0	0	0	0	15	7	0	2	0
Coca-Cola	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	110	0	0	0	0	35	30	0	30	0
Kid Cup*	100	0	0	0	0	30	27	0	27	0
Togo Cup*	190	0	0	0	0	65	53	0	53	0
Coca-Cola Zero	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	0	0	0	0	0	30	0	0	0	0
Kid Cup*	0	0	0	0	0	25	0	0	0	0
Togo Cup*	0	0	0	0	0	55	0	0	0	0
Diet Coke	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	0	0	0	0	0	30	0	0	0	0
Kid Cup*	0	0	0	0	0	25	0	0	0	0
Togo Cup*	0	0	0	0	0	55	0	0	0	0
Dr. Pepper	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	110	0	0	0	0	40	30	0	29	0
Kid Cup*	100	0	0	0	0	35	27	0	26	0
Togo Cup*	200	0	0	0	0	75	53	0	52	0
Lemonade	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Minute Maid Regular Cup*	110	0	0	0	0	35	31	0	29	0
Minute Maid Kid Cup*	100	0	0	0	0	35	27	0	26	0
Minute Maid Togo Cup*	200	0	0	0	0	65	55	0	52	0
Dragon Fruit Regular Cup*	180	0	0	0	0	40	49	0	47	0
Dragon Fruit Togo Cup*	270	0	0	0	0	70	73	0	70	0
Strawberry Regular Cup*	130	0	0	0	0	30	36	1	34	0
Strawberry Kid Cup*	120	0	0	0	0	30	32	1	30	0
Strawberry Togo Cup*	240	0	0	0	0	55	65	1	61	0
Watermelon Regular Cup*	180	0	0	0	0	60	49	0	48	0
Watermelon Togo Cup*	270	0	0	0	0	90	73	0	71	0
Sprite	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	120	0	0	0	0	25	30	0	27	0
Kid Cup*	110	0	0	0	0	25	27	0	24	0

Sprite	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Togo Cup*	210	0	0	0	0	50	54	0	47	0
Arnold Palmer	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Original Regular Cup*	60	0	0	0	0	20	16	0	15	0
Original Togo Cup*	100	0	0	0	0	40	28	0	26	0
Strawberry Regular Cup*	70	0	0	0	0	20	19	0	17	0
Strawberry Togo Cup	120	0	0	0	0	35	33	1	30	0
Mango Regular Cup*	80	0	0	0	0	20	23	0	21	0
Mango Togo Cup*	150	0	0	0	0	40	41	0	38	0
Ice Tea	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Blackberry Regular Cup*	80	0	0	0	0	10	19	0	18	0
Blackberry Togo Cup*	80	0	0	0	0	15	19	0	18	0
Dragon Fruit Regular Cup*	80	0	0	0	0	10	19	0	17	0
Dragon Fruit Togo Cup*	80	0	0	0	0	15	19	0	17	0
Mango Regular Cup*	80	0	0	0	0	10	20	0	18	0
Mango Togo Cup*	80	0	0	0	0	15	20	0	18	0
Watermelon Regular Cup*	80	0	0	0	0	30	19	0	18	0
Watermelon Togo Cup*	80	0	0	0	0	35	20	0	18	0
Sweet Tea Togo Cup*	200	0	0	0	0	15	52	0	50	0
Unsweetened Tea Regular Cup*	5	0	0	0	0	10	1	0	0	0
Unsweetened Tea Togo Cup*	5	0	0	0	0	15	1	0	0	0
Miscellaneous Beverages	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chili's Premium Blend Coffee	0	0	0	0	0	0	0	0	0	0
Dasani Water	0	0	0	0	0	0	0	0	0	0
IBC® Rootbeer Bottle	160	0	0	0	0	60	41	0	41	0
Kids - Blue Lagoon	120	0	0	0	0	25	31	0	28	0
2% Chocolate Milk - Kids	290	7	4.5	0	30	250	45	3	36	11
2% Milk - Kids	180	7	4.5	0	30	170	18	0	18	12
Cranberry Juice Togo Cup/8 fl oz	120	0	0	0	0	35	30	0	30	0
Orange Juice Togo Cup/8 fl oz	110	0	0	0	0	10	27	0	24	2
Pineapple Juice Togo Cup/8 fl oz	130	0	0	0	0	0	30	0	28	1
TX Size Baby Back Ribs w/o Sides	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Dry Rub - Full Rack	1540	106	41	0	410	4900	49	2	41	99
Dry Rub - Half Rack	840	53	20	0	205	2730	42	1	36	50
House BBQ - Full Rack	1520	106	41	0	410	1880	46	0	42	98
House BBQ - Half Rack	760	53	20	0	205	940	23	0	21	49
Big Mouth Burgers w/o Side Fries	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Alex's Santa Fe	920	61	23	3	135	1210	47	5	11	48
Veggie Santa Fe Burger	630	30	8	0.5	25	1330	73	14	14	27
Bacon Rancher	1690	123	49	6	305	2720	48	3	13	100
BBQ Brisket Burger	1090	65	27	3	175	2040	67	2	31	63
Big Mouth® Bites	1270	80	26	2.5	190	2720	76	4	20	63
Double Oldtimer® with Cheese	1400	97	42	6	260	1680	46	4	11	89
Just Bacon Burger	1010	69	26	3	155	1310	45	3	11	52
Mushroom Swiss Burger	990	68	25	3	140	1000	47	4	12	50
Oldtimer® with Cheese	840	53	22	3	130	1200	44	3	10	48
The Big QP	880	56	25	3	145	1670	47	3	12	50
The Big Smasher	940	63	23	3	140	1440	48	3	14	46
Substitutes & Add-Ons	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Add Side Fries	420	17	2.5	0	0	660	60	5	0	6
Add Side Fries with Loaded Queso	780	46	16	1	65	2470	69	6	5	25
Classic Beef Patty	470	37	16	2.5	110	330	0	0	0	36
Black Bean Patty	180	6	1	0	0	450	26	9	3	15
Add Guacamole	110	9	1.5	0	0	190	6	4	1	1
Add Applewood Smoked Bacon	70	6	2	0	15	210	0	0	0	5
Add Garlic Butter Mushrooms	60	4.5	1.5	0	0	150	3	1	1	1
Hand-Battered Chicken Crispers w/o sides	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Add Side Fries	420	17	2.5	0	0	660	60	5	0	6
Add Side White Cheddar Mac & Cheese	270	16	8	0	35	850	22	1	0	10
Honey Chipotle Crispy Crispers 4 ct	1040	51	9	0	95	3590	103	3	48	45
Honey Chipotle Crispy Crispers 5 ct	1300	64	11	0	115	4480	129	3	61	57
Honey Chipotle Crispy Crispers 6 ct	1560	77	13	0	140	5380	154	4	73	68
Nashville Hot Crispy Crispers 4 ct	1140	83	14	0	95	4180	51	2	5	48
Nashville Hot Crispy Crispers 5 ct	1420	104	18	0	120	5220	63	3	6	60
Nashville Hot Crispy Crispers 6 ct	1710	125	22	0.5	145	6270	76	3	7	72
Crispy Crispers 4 ct	790	51	9	0	95	2650	38	2	1	45
Crispy Crispers 5 ct	990	64	11	0	115	3320	47	3	1	57
Crispy Crispers 6 ct	1190	76	13	0	140	3980	57	3	1	68
Side Buffalo 1.5 oz	40	3	0	0	0	1590	2	0	1	0
Side Buffalo Ranch 1.5 oz	180	19	3	0	15	570	2	0	1	1
Side Honey Mustard 1.5 oz	200	18	3	0	20	330	10	0	10	1
Side House BBQ 1.5 oz	140	0	0	0	0	560	35	0	32	1
Side Ranch 1.5 oz	170	18	3	0	15	290	2	0	2	1
Side Sweet Chili Zing 1.5 oz	140	0	0	0	0	1120	34	1	31	1
Sizzling Fajitas w/o Toppings or Sides	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Grilled Chicken	510	20	4	0	140	2540	23	5	11	62
Grilled Steak	610	31	9	1	165	2200	26	4	12	57

Sizzling Fajitas w/o Toppings or Sides	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Shrimp	340	18	3.5	0	240	2640	22	4	11	26
Fajita Trio	620	28	7	0.5	270	3180	25	4	12	71
Sizzling Fajitas Choose 2	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fajita Peppers & Onions	180	11	2.5	0	0	1020	20	3	9	3
Grilled Steak (1 portion)	200	9	3	0	80	590	2	0	1	27
Grilled Chicken (1 portion)	150	3	0.5	0	70	760	1	1	0	30
Seared Shrimp (1 portion)	60	2	0	0	120	810	1	0	0	11
All Fajitas Served with	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fajita Toppings	250	20	12	0	60	490	4	0	2	14
Flour Tortillas (4 each)	350	13	6	0	0	870	52	4	2	7
Corn Tortillas (4 each)	250	2.5	0.5	0	0	0	51	5	1	5
Side Rice	160	4.5	1	0	0	480	27	1	1	3
Side Beans	120	1	0	0	0	710	20	6	2	7
Add Guacamole	160	14	2	0	0	290	10	7	1	2
Add Skillet Queso	220	16	9	0	40	1320	8	1	4	11
Add Queso Blanco	290	23	12	1	45	740	8	0	4	11
Starters As Served	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bottomless Chips & Salsa	910	45	7	0	0	1920	113	8	5	13
Classic Nachos	1120	75	40	0	195	2850	56	6	8	54
Classic Nachos - Chicken	1350	83	42	0	325	4060	57	6	9	94
Dip Trio - Chips & Choose 3 Dips	880	45	7	0	0	810	107	7	1	12
Skillet Queso	220	16	9	0	40	1320	8	1	4	11
White Queso	290	23	12	1	45	740	8	0	4	11
Fresh Salsa	30	0	0	0	0	1110	7	2	4	1
Fresh Guacamole	120	10	1.5	0	0	220	7	5	1	2
House-Made Ranch	450	47	8	0.5	40	790	5	0	4	3
Fresh Guacamole & Chips	1140	66	10	0	0	2350	128	18	7	16
Fried Mozzarella - 6 ct	1790	109	53	2.5	205	5260	108	10	10	95
Fried Mozzarella - 3 ct	920	55	27	1	105	2950	59	6	8	48
Fried Mozzarella with Honey Chipotle 6 ct	2440	155	61	3	245	6320	167	9	54	97
Fried Mozzarella with Honey Chipotle 3 ct	1450	101	35	2	145	3550	86	4	29	50
Fried Mozzarella with Nashville Sauce 6 ct	2470	181	66	3.5	250	6650	114	8	10	99
Fried Mozzarella with Nashville Sauce 3 ct	1460	114	37	2	145	3720	60	4	7	51
Quesadilla Bacon Ranch Chicken	1700	126	42	1.5	255	3690	70	2	9	72
Quesadilla Brisket	1640	120	43	1.5	175	2890	91	1	28	53
Skillet Beef Queso & Chips	1340	77	26	0	80	4560	129	10	13	35
Southwestern Eggrolls	1020	50	13	0	65	2810	108	11	11	36
Texas Cheese Fries - Full Order	1800	122	51	0	260	4130	99	8	4	77
White Skillet Queso & Chips	1450	89	29	1.5	85	3310	128	9	12	34
Triple Dipper - Choose 3	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
TD™ Big Mouth® Bites	800	58	16	1.5	110	1650	40	2	11	33
TD™ Boneless Wings - Buffalo	530	37	6	0	65	2050	27	2	2	22
TD™ Boneless Wings - Honey-Chipotle	650	36	6	0	65	1570	62	2	28	22
TD™ Boneless Wings - House BBQ	620	35	6	0	65	1510	54	1	27	23
TD™ Crispy Chicken Crispers® w/o Sauce	590	38	7	0	70	1990	28	2	1	34
TD™ Fried Mozzarella	600	36	18	1	70	1780	36	3	4	32
TD™ Fried Mozzarella with Honey Chipotle	870	54	21	1	85	2290	67	3	26	33
TD™ Fried Mozzarella with Nashville Sauce	890	67	23	1	85	2460	40	3	4	34
TD™ Honey-Chipotle Chicken Crispers	950	56	10	0	85	2980	79	2	38	35
TD™ Nashville Hot Chicken Crispers®	1020	80	14	0.5	85	3430	40	2	5	37
TD™ Southwestern Eggrolls	580	32	8	0	35	1530	55	6	6	19
TD™ Wings - Buffalo	490	37	6	0	170	1680	3	0	2	37
TD™ Wings - Honey-Chipotle	580	36	6	0	170	1260	30	0	22	37
TD™ Wings - House BBQ	570	36	6	0	170	1250	26	0	24	38
Chili's Wings 8 ct	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Wings 8 ct Buffalo	990	74	13	1	345	3350	6	1	4	74
Wings 8 ct Honey Chipotle	1170	71	13	1	345	2520	60	1	44	74
Wings 8 ct House BBQ	1140	71	13	0.5	345	2500	53	0	47	75
Wings 8 ct Nashville Hot	1190	93	16	1	345	2760	13	0	6	76
Wings 8 ct Sweet Chili Zing	1110	71	13	1	345	2970	42	1	38	75
Wings Boneless 8 ct Buffalo	920	67	12	0.5	105	3400	44	3	4	36
Wings Boneless 8 ct Honey Chipotle	1110	64	11	0.5	105	2620	100	3	46	36
Wings Boneless 8 ct House BBQ	1060	64	11	0.5	105	2530	88	2	45	37
Wings Boneless 8 ct Nashville Hot	1190	92	16	1	110	3120	53	2	7	39
Wings Boneless 8 ct Sweet Chili Zing	1070	64	11	0.5	105	3250	86	3	43	37
Chili's Wings 12 ct	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Wings 12 ct Buffalo	1310	94	16	1	500	4730	7	1	4	110
Wings 12 ct Honey Chipotle	1580	89	16	1	500	3480	88	1	65	110
Wings 12 ct House BBQ	1140	71	13	0.5	345	2500	53	0	47	75
Wings 12 ct Nashville Hot	1610	122	21	1.5	500	3840	17	0	7	113
Wings 12 ct Sweet Chili Zing	1490	89	16	1	500	4170	61	1	55	111
Wings Boneless 12 ct Buffalo	1210	83	14	0.5	145	4810	64	4	4	53
Wings Boneless 12 ct Honey Chipotle	1490	78	14	0.5	145	3640	148	4	67	53
Wings Boneless 12 ct House BBQ	1420	78	14	0.5	145	3500	129	3	65	54
Wings Boneless 12 ct Nashville Hot	1610	120	21	1	145	4380	78	3	8	57
Wings Boneless 12 ct Sweet Chili Zing	1430	78	14	0.5	145	4580	127	5	63	54

Chilli's Wings 16 ct	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Wings 16 ct Buffalo	1640	114	20	1	655	6110	8	1	4	146
Wings 16 ct Honey Chipotle	1990	107	19	1	655	4450	117	1	85	146
Wings 16 ct House BBQ	1940	107	19	1	655	4410	101	0	91	148
Wings 16 ct Nashville Hot	2040	151	26	1.5	660	4930	21	0	8	150
Wings 16 ct Sweet Chili Zing	1870	107	19	1	655	5360	80	2	72	147
Wings Boneless 16 ct Buffalo	1500	99	17	0.5	180	6210	84	6	4	70
Wings Boneless 16 ct Honey Chipotle	1880	93	16	0.5	180	4660	196	6	88	70
Wings Boneless 16 ct House BBQ	1780	92	16	0.5	180	4470	171	5	86	71
Wings Boneless 16 ct Nashville Hot	2030	148	26	1	185	5650	102	5	10	75
Wings Boneless 16 ct Sweet Chili Zing	1790	93	16	0.5	185	5910	168	7	83	71
Kids Entrees	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Burger Bites	400	20	8	1	55	590	35	2	8	22
Cheese Quesadilla	460	30	14	0	50	720	30	0	1	17
Cheeseburger Bites	440	23	9	1	65	740	35	2	8	24
Cheesy Chicken Pasta	580	27	11	0	105	1770	47	3	2	38
Chicken Bites	310	8	2	0	65	780	35	2	8	26
Crispy Crispers	570	43	7	0	60	1620	21	1	2	24
Grilled Chicken Dippers	280	21	4	0	80	770	3	0	2	22
Kraft Macaroni & Cheese	310	9	2.5	0	15	830	44	2	10	11
Pizza - Cheese	500	33	14	1	45	760	34	2	3	17
Pizza - Pepperoni	510	35	13	1	45	910	34	2	3	16
Kids Sides	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Side Corn on the Cob	140	1.5	0	0	0	0	29	3	11	4
Side Homestyle Fries	210	8	1.5	0	0	330	30	2	0	3
Side Mandarin Oranges	80	0	0	0	0	10	20	1	20	1
Side Mashed Potatoes	130	6	1.5	0	0	270	16	1	1	2
Side Salad with Ranch	240	21	4.5	0	20	440	8	1	3	4
Side Steamed Broccoli	40	0	0	0	0	45	8	4	2	3
Guiltless Grill <i>As Served</i>	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Guiltless 10 oz Sirloin	450	20	6	1	140	1310	9	3	3	59
Guiltless 6 oz Sirloin	300	13	4	0	90	1010	9	3	2	38
Ancho Salmon	620	31	5	0	100	1790	40	5	3	48
Margarita Grilled Chicken	660	14	2.5	0	140	2900	61	9	7	69
Santa Fe Grilled Chicken Salad	540	35	6	0	90	1510	24	6	7	35
Lunch Combo	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Boneless Wings with Buffalo Sauce	1170	66	11	0	90	3770	102	7	3	41
Boneless Wings with House BBQ	1310	63	11	0	90	2890	146	7	43	42
Boneless Wings with Honey-Chipotle	1430	72	12	0	90	2960	158	8	44	41
Crispy Crispers 3 ct with Choice of Sauce	1180	73	12	0	85	2950	91	6	3	41
Crispy Crispers 3 ct with Honey Chipotle Sauce	1370	73	12	0	85	3650	140	7	38	41
Crispy Crispers 3 ct with Nashville Sauce	1440	97	17	0.5	85	4090	100	6	6	43
Salads + Bowls <i>As Served</i>	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Add Ancho Salmon	370	21	3.5	0	95	880	4	0	1	41
Add Shrimp	60	2	0	0	120	810	1	0	0	11
Chipotle Chicken Fresh Mex Bowl	880	41	10	0	100	2490	83	7	10	47
House Salad (LC) <i>w/o</i> Dressing	70	3.5	1.5	0	5	150	6	1	1	3
House Salad Side <i>w/o</i> Dressing	130	7	3	0	15	290	12	1	3	5
Quesadilla Explosion Salad w/Crispers	1430	99	29	0	125	2800	86	6	16	51
Quesadilla Explosion Salad w/Grilled Chicken	1180	77	25	0	145	2230	68	6	16	58
Santa Fe Chicken Salad w/Crispers	780	57	10	0	65	2080	42	6	7	28
Santa Fe Chicken Salad w/Grilled Chicken	540	35	6	0	90	1510	24	6	7	35
Salad Dressings	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Avocado Ranch 1.5 oz	140	14	2.5	0	10	240	3	1	1	1
Blue Cheese 1.5 oz	250	27	5	0	15	260	1	0	1	1
Citrus Balsamic Vinaigrette 1.5 oz	250	25	4	0	0	230	5	0	5	0
Honey Mustard 1.5 oz	200	18	3	0	20	330	10	0	10	1
Ranch 1.5 oz	170	18	3	0	15	290	2	0	2	1
Santa Fe 1.5 oz	230	24	4	0	15	580	3	0	2	1
Thousand Island 1.5 oz	200	19	3	0	20	370	6	0	6	0
Handhelds <i>w/o</i> Fries	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bacon Guac Chicken Sandwich Grilled	830	51	12	0.5	120	1610	48	6	12	48
Bacon Guac Chicken Sandwich Crispy	1080	69	16	0.5	155	2110	65	5	12	54
Buffalo Chicken Ranch Sandwich	830	45	8	0	110	3940	65	4	12	44
Crispy Chicken Sandwich	870	52	9	0	120	1970	60	2	10	42
Quesadilla Brisket	1640	120	43	1.5	175	2890	91	1	28	53
Quesadilla Chicken Bacon Ranch	1700	126	42	1.5	255	3690	70	2	9	72
Side Notes <i>As Served</i>	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Asparagus	35	1	0	0	0	135	5	3	2	3
Black Beans	120	1	0	0	0	710	20	6	2	7
Garlic Butter Mushrooms	110	9	3	0	0	300	6	2	2	2
Homestyle Fries	420	17	2.5	0	0	660	60	5	0	6
Loaded Mashed Potatoes	350	20	6	0	30	820	33	3	3	10
Loaded Mac & Cheese	360	23	11	0	60	1120	22	1	1	17
Mashed Potatoes	260	13	2.5	0	5	670	33	3	3	4
Mexican Rice	160	4.5	1	0	0	480	27	1	1	3
Roasted Street Corn	380	27	4	0	25	260	30	3	12	6

Side Notes <i>As Served</i>	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Steamed Broccoli	40	0	0	0	0	250	8	4	2	3
Sweet Corn on the Cob	180	6	1	0	0	360	29	3	11	4
Texas Cheese Fries - Half Order	1300	91	38	0	190	2720	67	5	3	53
White Cheddar Mac & Cheese	270	16	8	0	35	850	22	1	0	10
Perfect Pastas	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Cajun Pasta w/ Grilled Chicken	1160	51	21	1	145	3550	110	8	5	65
Cajun Pasta w/Shrimp	1070	50	21	1	195	3480	109	7	5	46
Ultimate Cajun Pasta	1230	53	21	1	265	4350	110	8	6	76
Smokehouse Combos <i>Choose 2 or 3</i>	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bacon Ranch Chicken Quesadilla	740	53	19	0.5	115	1630	32	0	2	35
Brisket Quesadilla	710	50	19	0.5	75	1230	43	0	12	25
Crispers Crispy <i>w/o</i> Sauce	590	38	7	0	70	1990	28	2	1	34
Crispers Honey Chipotle w/ Ranch	950	56	10	0	85	2980	79	2	38	35
Crispers Nashville Hot w/Ranch	1020	80	14	0.5	85	3430	40	2	5	37
Jalapeno-Cheddar Smoked Sausage	250	21	9	0.5	65	890	3	1	0	14
Ribs Dry Rub	840	53	20	0	205	2730	42	1	36	50
Ribs House BBQ	760	53	20	0	205	940	23	0	21	49
All Smokehouse Combos <i>Include</i>	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Garlic Toast	140	7	1.5	0	0	380	17	1	1	3
Homestyle Fries	420	17	2.5	0	0	660	60	5	0	6
Roasted Street Corn	380	27	4	0	25	260	30	3	12	6
Soups <i>As Served</i>	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chicken Enchilada - Bowl	390	24	8	0	50	1240	23	2	3	19
Chicken Enchilada - Cup	200	12	4	0	25	620	11	1	2	10
Loaded Baked Potato - Bowl	430	30	19	0.5	95	1280	25	2	7	17
Loaded Baked Potato - Cup	220	15	9	0	50	640	12	1	4	8
Steaks <i>w/o</i> Sides	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Classic Ribeye	620	39	17	2.5	185	1440	0	0	0	67
Classic Sirloin 10 oz	390	18	6	1	140	950	2	0	1	54
Classic Sirloin 6 oz	250	12	4.5	0	85	630	1	0	0	34
Surf & Turf Ribeye	690	41	17	2.5	300	2250	1	0	0	78
Surf & Turf Sirloin 10 oz	450	20	7	1	260	1760	3	0	1	66
Add Sauteed Mushrooms	60	4.5	1.5	0	0	150	3	1	1	1
Add Seared Shrimp - Full Order	60	2	0	0	120	810	1	0	0	11
Add Seared Shrimp - Half Order	30	1	0	0	60	400	0	0	0	6
Hey Sweet Stuff <i>As Served</i>	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Mini Molten Chocolate Cake	670	31	14	0	75	700	95	0	65	7
Molten Chocolate Cake	1170	59	30	1	135	1030	155	5	109	12
Peanut Butter Pie	920	65	29	1	70	400	81	6	57	13
Skillet Chocolate Chip Cookie	1230	52	25	0.5	90	1020	175	3	103	14
PARTY PLATTER (PP) PORTIONS - Platters serve approximately 6-8 & sides serve 4-6										
PP Beverages <i>By the Gallon</i>	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Iced Tea	40	0	0	0	0	115	11	0	0	0
Iced Tea - Blackberry	820	0	0	0	0	105	202	0	188	0
Iced Tea - Mango	840	0	0	0	0	105	209	0	192	0
Iced Tea - Sweet	1600	0	0	0	0	120	414	0	402	0
Lemonade	1570	0	0	0	0	520	439	0	418	0
Lemonade - Strawberry	1910	1	0	0	0	460	516	8	487	3
PP Appetizers	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Big Mouth Bites (12 ct)	4260	286	87	8	615	8940	234	13	64	194
Southwestern Eggrolls (12 ct)	3190	163	41	0.5	200	8670	324	32	33	110
Tostada Chips with Salsa	5320	270	44	0	0	7060	653	44	14	72
Add White Queso	540	44	22	1.5	85	1390	14	1	7	21
Add Skillet Beef Queso	440	32	18	0	80	2640	16	1	8	22
Add Fresh Guacamole	240	21	3	0	0	430	14	10	2	3
PP Appetizers - <i>Triple Dipper</i>	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
TD™ Big Mouth Bites (6 ct)	2360	167	48	4.5	330	4860	120	6	34	98
TD™ Bone-In Wings Buffalo (16 ct)	1750	125	22	1	665	6310	9	1	6	147
TD™ Bone-In Wings Honey Chipotle (16 ct)	2110	119	21	1.5	665	4650	118	1	86	147
TD™ Bone-In Wings House BBQ (16 ct)	2050	1070	119	21	1	665	4600	103	0	92
TD™ Boneless Wings Buffalo (22 ct)	2050	134	23	1	250	8520	115	8	6	96
TD™ Boneless Wings Honey Chipotle (22 ct)	2570	126	22	1	250	6380	270	8	121	96
TD™ Boneless Wings House BBQ (22 ct)	2440	1130	126	22	0.5	250	6120	235	6	118
TD™ Fried Mozzarella (6 ct)	1790	109	53	2.5	205	5260	108	10	10	95
TD™ Crispy Style Crispers (12 ct)	2370	153	26	0	280	7960	114	6	3	136
TD™ Honey-Chipotle Crispers (12 ct)	3580	200	35	1	320	11540	314	8	149	140
TD™ Nashville Hot Crispers (12 ct)	3870	296	51	2	325	13320	157	6	19	147
TD™ Southwestern Eggrolls (6 ct)	1690	91	22	0	110	4500	164	17	17	56
PP Wings 32 ct	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Wings 32 ct Buffalo	3050	204	35	2	1290	11840	13	2	7	291
Wings 32 ct Honey Chipotle	3760	1720	191	34	2	1290	8510	230	2	168
Wings 32 ct House BBQ	3650	1720	191	33	1.5	1290	8420	200	0	181
Wings 32 ct Nashville Hot	3850	279	49	2.5	1295	9460	40	0	15	298
Wings 32 ct Sweet Chili Zing	3520	1720	191	34	2	1290	10320	158	4	142
Wings Boneless 32 ct Buffalo	2780	174	30	1	345	12030	165	11	7	139
Wings Boneless 32 ct Honey Chipotle	3530	1460	162	28	1	345	8930	390	11	174

PP Wings 32 ct	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Wings Boneless 32 ct House BBQ	3340	1450	161	28	0.5	345	8540	340	9	170
Wings Boneless 32 ct Nashville Hot	3840	273	48	2	350	10900	202	9	18	147
Wings Boneless 32 ct Sweet Chili Zing	3350	1460	162	28	1	345	11420	334	13	164
PP Wings 48 ct	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Wings 48 ct Buffalo	4800	329	57	3	1955	18150	23	3	12	438
Wings 48 ct Honey Chipotle	5870	2790	310	54	3	1955	13150	348	3	254
Wings 48 ct House BBQ	5700	2790	310	54	3	1955	13020	302	0	273
Wings 48 ct Nashville Hot	6000	442	77	4.5	1965	14580	63	0	24	448
Wings 48 ct Sweet Chili Zing	5510	2790	310	55	3.5	1960	15880	240	6	216
Wings Boneless 48 ct Buffalo	4400	285	49	1.5	535	18440	251	17	12	209
Wings Boneless 48 ct Honey Chipotle	5520	2400	266	46	1.5	535	13780	587	17	262
Wings Boneless 48 ct House BBQ	5240	2390	265	46	1.5	535	13200	512	14	257
Wings Boneless 48 ct Nashville Hot	5990	433	75	3.5	545	16740	305	14	29	223
Wings Boneless 48 ct Sweet Chili Zing	5260	2400	266	47	2	540	17520	504	20	248
PP Crispers-12 ct Listed w/o Dipping Sauce	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Crispy Style Crispers (12 ct)	2370	153	26	0	280	7960	114	6	3	136
Honey-Chipotle Crispers (12 ct)	3130	153	26	0	280	10760	309	8	145	136
Nashville Hot Crispers (12 ct)	3420	249	43	1	285	12530	152	6	15	144
PP Crispers - Dipping Sauces	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
BBQ Sauce House 4 fl oz	360	0	0	0	0	1490	93	0	84	2
Honey Mustard 4 fl oz	550	49	8	0.5	50	890	27	1	25	2
Ranch Dressing 4 fl oz	450	47	8	0.5	40	790	5	0	4	3
Blue Cheese 4 fl oz	650	71	13	1	35	700	3	0	2	3
PP Ribs	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
House BBQ	6440	422	162	1.5	1645	9010	278	0	253	396
Dry Rub	5980	425	163	2	1645	18840	148	7	123	396
PP Salads & Sandwiches	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
House Salad w/o 8 fl oz Dressing	1060	57	22	0	100	2360	98	11	22	43
Avocado Ranch 8 fl oz	740	75	13	1	60	1300	15	5	7	6
Blue Cheese 8 fl oz	1310	142	26	2	75	1400	7	1	4	5
Citrus Balsamic Vinaigrette 8 fl oz	1310	134	20	1	0	1240	29	1	25	1
Honey Mustard 8 fl oz	1090	98	16	1.5	105	1770	54	1	51	4
Ranch 8 fl oz	910	94	17	1.5	85	1570	11	0	8	7
Santa Fe 8 fl oz	1220	130	20	1	90	3120	14	2	9	3
Thousand Island 8 fl oz	1070	104	16	0.5	105	1960	34	1	32	3
Quesadilla Explosion Salad	5060	340	104	2	585	9230	280	23	68	234
PP Fajitas Mix & Match/Trio Choose 2 or 3 Proteins	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fajita Peppers & Onions	320	17	4	0	0	1500	40	6	19	5
Grilled Chicken (1 choice)	300	6	1	0	140	1510	2	2	1	59
Grilled Steak (1 choice)	400	18	6	0.5	165	1180	5	0	2	54
Seared Shrimp (1 choice)	160	5	1	0	300	2020	1	0	1	28
Add Fajita Accompaniments	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fresh Toppings	1030	81	47	0	240	3070	24	3	14	57
Flour Tortillas (12 each)	1040	38	18	0	0	2610	156	12	5	21
Corn Tortillas (12 each)	750	8	1.5	0	0	5	153	15	3	16
Add Cadi	1140	22	3	0	5	4760	191	26	10	38
PP Pasta	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Cajun Pasta w/Chicken	2600	116	44	2	290	7440	252	18	13	135
PP Sweet Stuff	Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Mini Molten-Cakes (7 ct)	4550	170	62	2.5	455	5290	737	2	514	49

Cals...Calories **Chol...Cholesterol** **Prot...Protein**
Sat...Saturated Fat **Sod...Sodium** **(g)...grams**
Trans...Trans Fat **Carbs...Carbohydrates** **(mg)...milligrams**

* Nutrition analysis for select beverages is based on standardized ice fill.

The nutritional analysis is comprised of data from an independent testing facility commissioned by Chili's, combined with nutrient data from Chili's suppliers, the United States Department of Agriculture and nutrient database analysis of Chili's recipes using Genesis SQL Nutritional Analysis Program from ESHA Research in Salem, Oregon. The rounding of figures is based on Food and Drug Administration guidelines. Chili's attempts to provide nutritional information regarding its products that is as complete as possible. Some menu items may not be at all restaurants; test products, test recipes, limited time offers, or regional items may not be included. While menu item ingredients information is based on standard product recipes, variations may occur due to ordinary differences inherent in the preparation of menu items, local suppliers, region of the country and season of the year. Additionally, no products are certified as vegetarian. This listing is updated periodically in an attempt to reflect the current status of Chili's products.