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2. Leading with your personal values

If I was fully living my values, what tangible actions would I be taking day-to-day?

What feedback would I be hearing from my team?

How would I be feeling?

What am I doing right now that doesn't feel aligned to my values?

What behaviours or habits do I need to consider giving up to fully live my values?

Is there anything stopping me from currently living my values?

What's one thing I've done, or decision that I've taken this week that felt aligned with my values?

What's one thing I've done this week that made me feel disconnected with my values? What will I do differently next time?