



Positive Things About Me



Wednesday

What is a kind thing you did for someone recently, and how did it make you feel?

What is a goal you've reached that makes you feel proud?

Write about something you're really good at. How did you get so good at it?

Thursday

What is a challenge you've faced and how did you overcome it?

What's something new you've learned recently, and how does it make you feel more confident?

Name a quality that your family loves about you. How does that quality make you special?
