

# CONTINUING EDUCATION INFORMATION

## CONTENTS

CONTINUING EDUCATION APPROVALS

CONTINUING EDUCATION OFFERINGS

CALCULATION OF CREDIT

OBTAINING CREDIT

CONTINUING EDUCATION COMMITTEE

DIVERSITY IN CONTINUING EDUCATION INITIATIVES

SYSTEM REQUIREMENTS

*For any questions, comments, or concerns related to Psych Hub continuing education, email [ce@psychhub.com](mailto:ce@psychhub.com).*

*To learn how to request accessibility accommodations, file a complaint, or request a refund, Psych Hub's Grievance Policy is linked in the footer of [app.psychhub.com/login](https://app.psychhub.com/login).*

# CONTINUING EDUCATION APPROVALS

## ACCREDITATION COUNCIL FOR CONTINUING MEDICAL EDUCATION (ACCME)



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AffinityCE and Psych Hub. AffinityCE is accredited by the ACCME to provide continuing medical education for physicians.

## AMERICAN NURSES CREDENTIALING CENTER (ANCC)



Nurse CE is provided for this program through collaboration between Psych Hub and AffinityCE. AffinityCE is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).

## ACCREDITATION COUNCIL FOR PHARMACY EDUCATION (ACPE)



AffinityCE is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education (CPE). The cost to participate is included in the registration. Participant CE records will be electronically communicated to CPE Monitor.

## AMERICAN PSYCHOLOGICAL ASSOCIATION (APA)

Psych Hub is approved by the American Psychological Association to sponsor continuing education for psychologists. Psych Hub maintains responsibility for this program and its content.



## ASSOCIATION OF SOCIAL WORK BOARDS (ASWB)

Psych Hub, #1750, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Psych Hub maintains responsibility for this course. ACE provider approval period: 08/20/2020 – 08/20/2024.



## CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS (CAMFT)



Psych Hub is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPS. Psych Hub maintains responsibility for this program/course and its content. CAMFT Approval #1000074.

## COMMISSION FOR CASE MANAGER CERTIFICATION (CCMC)



This program has been pre-approved by The Commission for Case Manager Certification to provide continuing education credit to CCM® board certified case managers.

## NATIONAL BOARD FOR CERTIFIED COUNSELORS (NBCC)



Psych Hub has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7051. Programs that do not qualify for NBCC credit are clearly identified. Psych Hub is solely responsible for all aspects of the programs.

## NATIONAL BOARD FOR HEALTH AND WELLNESS COACHING (NBHWC)



Psych Hub has been approved by the NBHWC to provide continuing education for National Board Certified Health & Wellness Coaches (CEP #100190).

## SOCIETY FOR HUMAN RESOURCE MANAGEMENT (SHRM)

Psych Hub is recognized by SHRM to offer Professional Development Credits (PDCs) for SHRM-CP® or SHRM-SCP®.



## MONTANA OFFICE OF PUBLIC INSTRUCTION (OPI)

Psych Hub is approved as an OPI Renewal Unit Provider.



**TEXAS EDUCATION AGENCY (TEA)**

Psych Hub is approved as a continuing professional education (CPE) provider for the State of Texas.

**NEW YORK STATE EDUCATION DEPARTMENT'S STATE BOARD FOR SOCIAL WORK (NYSED)**

Psych Hub, LLC is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0699.

**NEW YORK STATE EDUCATION DEPARTMENT'S STATE BOARD FOR PSYCHOLOGISTS**

Psych Hub, LLC is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0208.

**NEW YORK STATE EDUCATION DEPARTMENT STATE BOARD FOR MENTAL HEALTH PRACTITIONERS - LICENSED MENTAL HEALTH COUNSELORS**

Psych Hub, LLC is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0257.

**NEW YORK STATE EDUCATION DEPARTMENT STATE BOARD FOR MENTAL HEALTH PRACTITIONERS - MARRIAGE & FAMILY THERAPISTS**

Psych Hub, LLC is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists #MFT-0109.

# CONTINUING EDUCATION OFFERINGS

## CONTINUING EDUCATION OFFERINGS FOR BEHAVIORAL HEALTH PROVIDERS - MENTAL HEALTH PRACTITIONER HUB

(licensed psychologists, counselors, marriage & family therapists, & clinical social workers)

COURSES	AMERICAN PSYCHOLOGICAL ASSOCIATION (APA)	ASSOCIATION OF SOCIAL WORK BOARDS (ASWB)	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS (CAMFT)	NATIONAL BOARD FOR CERTIFIED COUNSELORS (NBCC)	NEW YORK STATE EDUCATION DEPARTMENT'S STATE BOARD FOR SOCIAL WORK (NYSED)	NATIONAL ASSOCIATION OF SOCIAL WORKERS - NEW JERSEY CHAPTER (NASW-NJ)	COMMISSION FOR CASE MANAGER CERTIFICATION (CCMC)	NEW YORK STATE EDUCATION DEPARTMENT FOR MENTAL HEALTH PRACTITIONERS - LICENSED MENTAL HEALTH COUNSELORS (NYSED-LMHC)	NEW YORK STATE EDUCATION DEPARTMENT FOR MENTAL HEALTH PRACTITIONERS - MARRIAGE & FAMILY THERAPISTS (NYSED-MFT)	NATIONAL BOARD FOR HEALTH AND WELLNESS COACHING (NBHC)	NEW YORK STATE EDUCATION DEPARTMENT FOR MENTAL HEALTH PRACTITIONERS (NYSED-PSY)
<i>Cognitive Behavioral Therapy Foundations: A Skills-Based Approach</i>	3.25 CEs	3.25 CEs	3.00 CEs	3.00 CEs	3.25 CHs	3.25 CEs	X	3.25 CHs	3.25 CHs	X	3.25 CHs
<i>Cognitive Behavioral Therapy for Anxiety</i>	2.50 CEs	2.50 CEs	1.75 CEs	1.75 CEs	2.50 CHs	2.5 CEs	X	2.50 CHs	2.50 CHs	X	2.50 CHs
<i>Cognitive Behavioral Therapy for Depression</i>	3.00 CEs	3.00 CEs	2.25 CEs	2.25 CEs	3.00 CHs	3.00 CEs	X	3.00 CHs	3.00 CHs	X	3.00 CHs
<i>Cognitive Behavioral Therapy for Insomnia</i>	2.25 CEs	2.25 CEs	1.50 CEs	1.50 CEs	2.25 CHs	2.25 CEs	X	2.25 CHs	2.25 CHs	X	2.25 CHs
<i>Cognitive Behavioral</i>	2.00 CEs	2.00 CEs	1.75 CEs	1.75 CEs	2.00 CHs	2.00 CEs	X	2.00 CHs	2.00 CHs	X	2.00 CHs

<i>Therapy Adaptations for Adolescents</i>											
<i>Telemental Health: The Basics</i>	1.00 CE	1.00 CE	1.00 CE	1.00 CE	1.00 CHs	1.00 CEs	X	1.00 CH	1.00 CH	X	1.00 CHs
<i>Cognitive Behavioral Therapy for Reducing Suicide Risk</i>	3.50 CEs	3.50 CEs	2.75 CEs	2.75 CEs	3.50 CHs	3.50 CEs	X	3.50 CHs	3.50 CHs	X	3.50 CHs
<i>Counseling on Access to Lethal Means</i>	2.25 CEs	2.25 CEs	1.50 CEs	1.50 CEs	2.25 CHs	2.25 CEs	x	2.25 CHs	2.25 CHs	X	2.25 CHs
<i>Foundations in the Safety Planning Intervention for Clinicians</i>	2.50 CEs	2.50 CEs	1.50 CEs	1.50 CEs	2.50 CHs	2.50 CEs	x	2.50 CHs	2.50 CHs	X	2.50 CHs
<i>Collaborative Assessment and Management of Suicidality</i>	4.25 CEs	4.25 CEs	3.25 CEs	3.25 CEs	4.25 CHs	4.25 CEs	X	4.25 CHs	4.25 CHs	X	4.25 CHs
<i>Culturally Responsive Behavioral Healthcare - Foundations</i>	2.00 CEs	4.00 CEs	2.00 CEs	3.00 CEs	2.00 CHs	4.00 CEs	X	2.00 CHs	3.00 CHs	X	2.00 CHs
<i>Collaborative Care</i>	3.75 CEs	3.75 CEs	2.75 CEs	2.75 CEs	3.75 CHs	2.50 CEs	X	3.75 CHs	3.75 CHs	X	3.75 CHs
<i>DBT-Informed Therapy: Foundations</i>	2.50 CEs	2.50 CEs	2.25 CEs	2.25 CEs	2.50 CHs	2.50 CEs	X	2.50 CHs	2.50 CHs	X	2.50 CHs
<i>DBT-Informed Therapy: Adolescents</i>	2.25 CEs	2.25 CEs	2.25 CEs	2.25 CEs	2.25 CHs	2.25 CEs	X	2.25 CHs	2.25 CHs	X	2.25 CHs
<i>Acceptance and Commitment Therapy: Foundations</i>	2.50 CEs	2.50 CEs	2.00 CEs	2.00 CEs	2.50 CHs	2.50 CEs	X	2.50 CHs	2.50 CHs	X	2.50 CHs
<i>Trauma-Informed Care: Foundations (Part 1)</i>	2.00 CEs	2.00 CEs	1.50 CEs	1.50 CEs	2.00 CHs	2.00 CEs	1.50 CEs	2.00 CHs	2.00 CHs	1.5 CEs	2.00 CHs

<i>Motivational Interviewing Strategies: Foundations</i>	3.00 CEs	3.00 CEs	2.75 CEs	2.75 CEs	3.00 CEs	3.00 CEs	3.00 CEs	3.00 CHs	3.00 CHs	3.00 CEs	3.00 CHs
<i>Trauma-Informed Care: Foundations (Part 2)</i>	2.25 CEs	2.25 CEs	1.25 CEs	1.25 CEs	2.25 CEs	2.00 CEs	2.25 CEs	2.25 CHs	2.25 CHs	2.25 CEs	2.25 CHs
<i>Motivational Interviewing Strategies: Adolescents</i>	2.25 CEs	2.25 CEs	2.25 CEs	2.25 CEs	2.25 CEs	2.00 CEs	2.25 CEs	2.25 CEs	2.25 CEs	2.25 CEs	2.25 CHs
<i>Motivational Interviewing Strategies: Substance Use Disorders</i>	2.00 CEs	2.00 CEs	1.75 CEs	1.75 CEs	2.00 CEs	2.00 CEs	2.00 CEs	2.00 CEs	2.00 CEs	2.00 CEs	2.00 CHs
<i>Behavior Management Training (Children 2-12)</i>	2.50 CEs	2.50 CEs	2.50 CEs	2.50 CEs	2.50 CEs	X	X	2.50 CEs	2.50 CEs	X	2.50 CEs
<i>Total CEs</i>	53.50 CEs	54.50 CEs	42.50 CEs	44.50 CEs	53.50 CHs	50.00 CEs	11.00 CEs	53.50 CHs	52.50 CHs	11.00 CEs	53.50 CHs

## **CONTINUING EDUCATION OFFERINGS FOR HEALTHCARE PROFESSIONALS - MENTAL HEALTH PRACTITIONER HUB**

*(physicians, psychiatrists, physician assistants, nurse practitioners, behavioral health nurses, pharmacists, pharmacy techs)*

<b>COURSES</b>	<b>ACCREDITATION COUNCIL FOR CONTINUING MEDICAL EDUCATION (ACCME)</b>	<b>AMERICAN NURSES CREDENTIALING CENTER (ANCC)</b>	<b>ACCREDITATION COUNCIL FOR PHARMACY EDUCATION (ACPE)</b>
<i>Cognitive Behavioral Therapy for Reducing Suicide Risk</i>	3.50 CMEs	3.50 CNEs	X
<i>Counseling on Access to Lethal Means</i>	2.25 CMEs	2.25 CNEs	X

<i>Foundations in the Safety Planning Intervention for Clinicians</i>	2.50 CMEs	2.50 CNEs	X
<i>Collaborative Care</i>	3.75 CMEs	3.75 CNEs	X
<i>Mental Health Competency 1</i>	X	1.00 CNEs	1.00 CEs
<i>Mental Health Competency 2: Common Conditions</i>	X	1.00 CNEs	1.00 CEs
<i>Mental Health Competency 3: Substance Use Awareness</i>	X	1.00 CNEs	1.00 CEs
<i>Suicidal Behavior Competency</i>	1.00 CMEs	1.00 CNEs	1.00 CEs
<i>Safety Planning</i>	X	1.00 CNEs	1.00 CEs
<i>Diversity and Mental Health</i>	X	1.00 CNEs	1.00 CEs
<i>Understanding and Overcoming Bias</i>	X	1.00 CNEs	1.00 CEs
<i>Motivational Interviewing: Communication Basics</i>	1.00 CMEs	1.00 CNEs	1.00 CEs
<i>Fostering Resilience</i>	X	1.75 CNEs	1.75 CEs
<i>Helping in a Mental Health Crisis</i>	X	1.00 CNEs	1.00 CEs
<i>Trauma-Informed Healthcare: Part 1</i>	2.00 CMEs	2.00 CNEs	2.00 CEs
<i>Trauma-Informed Healthcare: Part 2</i>	2.25 CMEs	2.25 CNEs	2.25 CEs
<i>Total CEs</i>	16.25 CMEs	25.00 CNEs	15.00 CEs



## **CONTINUING EDUCATION OFFERINGS FOR SUPPORT PROFESSIONALS - MENTAL HEALTH ALLY HUB**

*(licensed social workers, CCM® board certified case managers, & national board certified health & wellness coaches)*

<b>COURSES</b>	<b>ASSOCIATION OF SOCIAL WORK BOARDS (ASWB)</b>	<b>COMMISSION FOR CASE MANAGER CERTIFICATION (CCMC)</b>	<b>NATIONAL BOARD FOR HEALTH AND WELLNESS COACHING (NBHWC)</b>	<b>NEW YORK STATE EDUCATION DEPARTMENT'S STATE BOARD FOR SOCIAL WORK (NYSSED)</b>	<b>NATIONAL ASSOCIATION OF SOCIAL WORKERS - NEW JERSEY CHAPTER (NASW-NJ)</b>	<b>NEW YORK STATE EDUCATION DEPARTMENT FOR MENTAL HEALTH PRACTITIONERS - LICENSED MENTAL HEALTH COUNSELORS (NYSSED-LMHC)</b>	<b>NEW YORK STATE EDUCATION DEPARTMENT FOR MENTAL HEALTH PRACTITIONERS - MARRIAGE &amp; FAMILY THERAPISTS (NYSSED-MFT)</b>	<b>NEW YORK STATE EDUCATION DEPARTMENT FOR MENTAL HEALTH PRACTITIONERS - PSYCHOLOGISTS (NYSSED-PSY)</b>
<i>Mental Health Competency 1</i>	1.00 CE	1.00 CE	1.00 CE	1.00 CH	1.00 CEs	1.00 CH	1.00 CH	1.00 CH
<i>Mental Health Competency 2: Common Conditions</i>	1.00 CE	1.00 CE	1.00 CE	1.00 CH	1.00 CEs	1.00 CH	1.00 CH	1.00 CH
<i>Mental Health Competency 3: Substance Use Awareness</i>	1.00 CE	1.00 CE	1.00 CE	1.00 CH	1.00 CEs	1.00 CH	1.00 CH	1.00 CH
<i>Suicidal Behavior Competency</i>	1.00 CE	1.00 CE	1.00 CE	1.00 CH	1.00 CEs	1.00 CH	1.00 CH	1.00 CH
<i>Safety Planning</i>	1.00 CE	1.00 CE	1.00 CE	1.00 CH	1.00 CEs	1.00 CH	1.00 CH	1.00 CH
<i>Diversity and Mental Health</i>	1.00 CE	1.00 CE	1.00 CE	1.00 CH	1.00 CEs	1.00 CH	1.00 CH	1.00 CH
<i>Understanding and Overcoming Bias</i>	1.00 CE	1.00 CE	1.00 CE	1.00 CH	1.00 CEs	1.00 CH	1.00 CH	1.00 CH
<i>Motivational Interviewing: Communication Basics</i>	X	0.75 CE	X	X	X	X	X	X
<i>Supporting</i>	X	X	1.75 CE	X	X	X	X	X

<i>Provider Wellbeing</i>								
<i>Fostering Resilience</i>	1.75 CEs	1.75 CEs	1.75 CEs	1.75 CHs	1.50 CEs	1.75 CHs	1.75 CHs	1.75 CH
<i>Helping in a Mental Health Crisis</i>	1.00 CE	1.00 CE	1.00 CE	1.00 CH	1.00 CEs	1.00 CH	1.00 CH	1.00 CH
<i>Total CEs</i>	9.75 CEs	10.50 CEs	11.50 CEs	9.75 CHs	9.50 CEs	9.75 CHs	9.75 CHs	9.75 CHs

## PROFESSIONAL DEVELOPMENT CREDITS FOR HUMAN RESOURCE PROFESSIONALS AND PEOPLE MANAGERS

(At this time, the Workplace Mental Health Ally Certificate is only offered as a series and includes 8 courses within that series.)

COURSES	THE SOCIETY FOR HUMAN RESOURCES MANAGEMENT (SHRM)
<i>Workplace Mental Health Ally Certificate - Series</i>	7.00 PDC

## CONTINUING EDUCATION OFFERINGS FOR EDUCATORS

*(elementary, middle school & high school teachers)*

COURSES	TEXAS EDUCATION AGENCY	MONTANA OFFICE OF PUBLIC INSTRUCTION	NEVADA DEPARTMENT OF EDUCATION	ARKANSAS DEPARTMENT OF EDUCATION
<i>Mental Health Competency 1 for Educators</i>	1.00 CPE	1.00 RENEWAL UNIT	1.00 INSTRUCTIONAL HOUR	1.00 PROFESSIONAL DEVELOPMENT HOUR
<i>Mental Health Competency 2 for Educators: Common Conditions</i>	1.00 CPE	1.00 RU	1.00	1.00
<i>Mental Health Competency 3: Substance Use Awareness for Educators</i>	1.00 CPE	1.00 RU	1.00	1.00
<i>Suicidal Behavior Competency for Educators</i>	1.00 CPE	1.00 RU	1.00	1.00

<i>Safety Planning for Educators</i>	1.00 CPE	1.00 RU	1.00	1.00
<i>Diversity and Mental Health for Educators</i>	1.00 CPE	1.00 RU	1.00	1.00
<i>Understanding and Overcoming Bias for Educators</i>	1.00 CPE	1.00 RU	1.00	1.00
<i>Effective Communication for Educators</i>	0.75 CPE	X	0.75	0.75
<i>Fostering Resilience for Educators</i>	1.00 CPE	1.00 RU	1.00	1.00
<i>Helping in a Mental Health Crisis for Educators</i>	1.00 CPE	1.00 RU	1.00	1.00
<i>Total CEs</i>	9.75 CPEs	9.00 RU	9.75 IH	9.75 PDH

## **CALCULATION OF CREDIT**

Continuing education entities have varying requirements and standards, including those relating to how the number of continuing education credits is calculated. For this reason, as can be seen in the table above, some of our courses offer different amounts of continuing education credit for different professions.

### **ACCME, ANCC, APA, ASWB, CCMC, NBHWC, NASW-NJ, NYSED-SW, NYSED-LMHC, & NYSED-MFT CREDIT CALCULATION**

Continuing education credits for physicians, nurses, psychologists, social workers, marriage and family therapists, case managers, and coaches are calculated by averaging pilot test times, rounded down to the nearest quarter hour. This allows for inclusion of interactive elements (e.g., assessments) and learner variance. However, regardless of pilot test times, the number of continuing education credits will never exceed 2 hours more than the combined video and voiceover length.

### **CAMFT CREDIT CALCULATION**

Psych Hub shall award continuing education credit hours on the basis that one continuing education credit is equal to one hour of instructional time. A continuing education hour is defined as a 60-minute hour. Continuing education credit shall be awarded only for instructional time. Lunch and other breaks shall not be included in the total time awarded for continuing education credit. Courses will be a minimum of one continuing education hour, in one block of time.

### **NBCC CREDIT CALCULATION**

Continuing education hours for counselors are calculated by summing the length of all course videos and voiceover, rounded up to the nearest quarter hour. This does NOT include time taken to complete interactive elements of the course.

### **SHRM CREDIT CALCULATION**

Continuing education hours for counselors are calculated by summing the length of all course videos and voiceover, rounded up to the nearest quarter hour. This does NOT include time taken to complete interactive elements of the course.

### **TEA CREDIT CALCULATION**

Continuing education credits for educators in the state of Texas are calculated by averaging pilot test times, rounded down to the nearest quarter hour. This allows for inclusion of interactive elements (e.g., assessments) and learner variance. However, regardless of pilot test times, the number of continuing education credits will never exceed 2 hours more than the combined video and voiceover length.

### **MONTANA OPI CALCULATION**

One hour of attendance at a renewal unit activity is equivalent to one renewal unit. Providers are able to estimate the amount of time it would take a typical participant to complete the renewal unit activity.

Increments of half hours are rounded down (example: 1.5 hours should be rounded down to 1 hour, whereas 1.75 hours should be rounded to 2 hours).

## OBTAINING CREDIT

Upon completing all course elements (i.e., completing the pre-course assessment and all modules, completing the post-course assessment with a score of at least 80%, and completing the course evaluation), learners will automatically receive a certificate of completion. Learners are responsible for submitting that certificate of completion to their respective licensure boards.

Please note that the Psych Hub Certification and Mental Health Ally Certification that learners have the option to pursue after completing some of Psych Hub's courses is not affiliated with continuing education credit in any way. Visit <https://app.psychhub.com/login> and navigate to the course information link for the course in which you are interested to learn whether Psych Hub Certification is available for that course and how to pursue it.

## CONTINUING EDUCATION COMMITTEE

Members of the Psych Hub Continuing Education Committee include the VP of Clinical Innovation and Chief Content Officer.

For comments and concerns related to Psych Hub's continuing education program, email [ce@psychhub.com](mailto:ce@psychhub.com).

## ANTI-DISCRIMINATION POLICY

Psych Hub is an equal opportunity organization. Psych Hub does not discriminate against partners, clients, customers, or qualified employees, contractors, or applicants because of race, color, religion, sex, sexual preference, sexual identity, pregnancy, national origin, ancestry, citizenship, age, physical disability, mental disability, medical condition, military status, marital status, religion, or any other characteristic protected by federal or state law or local ordinance. Psych Hub expressly prohibits any form of unlawful employee, contractor, client, or partner harassment or discrimination based on any of the characteristics mentioned above.

## DIVERSITY IN CONTINUING EDUCATION INITIATIVES

When designing learning hubs for continuing education, Psych Hub strives to be inclusive and promote equity. All types of diversity (and the intersectionality of these aspects of identity) are taken into account, including but not limited to...

- Race and ethnicity
- First language & migrant status
- Gender, sex, & sexual/affectual orientation
- Disability and neurodiversity
- Socioeconomic status
- Spirituality and religion
- Indigenous heritage

- Body size
- Geographical location
- Age

Diversity and inclusion are key considerations at each stage of learning hub development, from identifying authors and areas of focus to creating educational assets.

## **AUTHORS, CONSULTANTS, & CONTRIBUTORS**

Psych Hub's leadership and clinical team are committed to identifying and working with subject matter experts from all backgrounds. We aim to work with authors, consultants, and contributors that practice cultural humility and understand how society and the environment are related to mental health. When reviewing the CV and career of a potential subject matter expert, we look to see how they have promoted inclusion and equity in their writing, advocacy, and work with clients.

## **RESEARCH**

Our clinical team and contractors work to ensure that the evidence upon which our learning hubs and videos are based represents people from all different backgrounds. For example, we look for studies with diverse participant groups as well as literature that specifically focuses on the issues and/or needs of an underserved group.

## **CURRICULUM & AREAS OF FOCUS**

When the curriculum is created and learning hub content is written, our clinical and education teams as well as our subject matter experts consider how diversity and intersectionality impact the topic. These considerations are integrated throughout the curriculum, including but not limited to which groups are most impacted by a given issue or disorder; cultural competency, cultural humility, and implicit bias of mental health professionals; the importance of social and political advocacy in the mental health field; cultural adaptations of treatment; and disparities in access to treatment.

## **LIVED EXPERIENCE VIDEOS**

During learning hub creation, our clinical and education teams assess what kinds of lived experience would best augment the information being communicated. We consider which groups and demographics might be most affected by a given issue, or how aspects of identity might impact the way that an issue is experienced. We provide descriptions of individuals and/or experiences that would enhance learning and include diverse experiences. Then, our video producer writes casting calls according to these descriptions.

## **ANIMATED VIDEOS**

Our clinical and creative teams and contractors write and check for visual and audio descriptions of character skin color, body type, gender, accent, age, visible disabilities, and cultural or religious attire in each video script. These aspects of identity are considered in terms of how they might affect the way that character experiences

and understands mental and behavioral health. Throughout production, scripts, storyboards, and animations undergo quality assurance from our clinical and production teams before they move to the next stage. One item on the quality assurance checklist is whether the video respectfully showcases characters from diverse backgrounds.

## **SYSTEM REQUIREMENTS**

Accessing Psych Hub courses requires an internet connection. The following technology can be used for access:

### **OPERATING SYSTEMS**

- Windows 7/8/10, any edition
- macOS 10.6 and above
- Any phone or tablet with an internet browser and connection

### **INTERNET BROWSERS**

- Any standard internet browser (i.e. Chrome, IE, Firefox, Edge, Safari)