Balance

The smart solution to balanced nutrition
Natural Orange Flavor



Most people know that fiber supports digestive health. But in addition to aiding digestion, fiber can also help lessen the impact excess dietary carbohydrates and cholesterol can have on the body. Soluble fibers, in particular, help support important bodily functions, like helping to maintain healthy cholesterol and blood sugar levels. However, the prevalence of processed foods and modern farming techniques has led to higher levels of sugar and lower levels of fiber in the foods we eat.

Unicity Balance is a pre-meal drink with a proprietary fiber matrix that includes bioactive plant compounds, polysaccharides, and micronutrients. The fiber matrix is designed to help ease some of the impact excess dietary carbohydrates and cholesterol can have on the body. Balance is also formulated to provide essential vitamins, minerals, and soluble fibers to help curb your appetite.

Features



Biosphere Fiber: A proprietary blend of five soluable fibers



Unicity 7x: A specialized blend of plant-derived polysaccharides and Gum Arabic



Bios Cardio Matrix: A blend of plant extracts and phytosterols



Bios Vitamin Complex: A unique blend of vitamins and minerals



Convenient single-serving packets



Naturally flavored



Naturally sweetened with stevia extract

- Helps curb appetite between meals*
- Aids in reducing the amount of dietary cholesterol that's absorbed into the bloodstream*
- Helps reduce carbohydrate absorption in the body*
- · Supports normal, healthy blood glucose levels*
- · Supports healthy weight management*
- Supports time-based eating and other intermittent fasting methods

Balance



Try this

- Mix Balance with Complete to get both high-quality protein and fiber.
- Mix Balance with Oasis for added skin health benefits in your daily routine.
- Mix Balance with Super Green + for added antioxidant and phytonutrient benefits.

Use

- For best results, take 1-2 times daily, before or with meals. Vigorously mix each stick pack with 8-10 oz. (240-300 mL) of water and drink immediately.
- For added benefits, combine Unicity Balance with a form of intermittent fasting like 16:8.

- Adults wanting to increase their fiber intake
- Individuals interested in maintaining healthy blood sugar and cholesterol levels
- Those looking to support their weight-management efforts

Balance

Ingredients

Biosphere Fiber Proprietary Formula®: Biosphere is a unique blend that includes five different sources of fiber. These fibers help support cholesterol levels and slow the conversion of high-glycemic carbohydrates into blood alucose.

Ingredients: Guar Gum, Locust Bean Gum, Citrus Pectin, Oat Fiber, Beta-Glucan

Unicity 7X™: Unicity 7x is a specialized blend of plant-derived polysaccharides, also known as viscous fibers. Viscous, soluble fibers form a thick gel when mixed with water and as they move through the digestive tract. The gel-like consistency helps slow the emptying of your stomach, which results in prolonged satiety.

Ingredients: Proprietary Blend of Plant-Derived Polysaccharides, Gum Arabic Bios Cardio Matrix™ Bios Cardio Matrix is a blend of plant extracts and phytosterols that supports the body's cholesterol absorption process. The blend can help limit the absorption of dietary cholesterol. Ingredients: Phytosterols, Policosanol (Sugar Cane Extract)

Bios Cardio Matrix™: Bios Cardio Matrix is a blend of plant extracts and phytosterols that supports the body's cholesterol absorption process. The blend can help limit the absorption of dietary cholesterol.

Ingredients: Phytosterols, Policosanol (Sugar Cane Extract)

Bios Vitamin Complex™: The Bios Vitamin Complex is a unique blend that supports healthy metabolism. This blend is designed to aid in proper digestion and optimize the conversion of food to fuel.

Ingredients: Calcium Carbonate, Vitamin C (ascorbic acid), Chromium, Vitamin A (beta carotene), Vitamin E (D-alpha Tocopheryl Acetate), Niacin (Niacinamide), Zinc (Zinc Gluconate), Vitamin B6 (Pyridoxine HCl), Vitamin B12 (Cyanocobalamin), Folic Acid, Vitamin B1 (Thiamin), Biotin, Riboflavin

Amount Per Stick Pack			% Daily Value		
Calories Total Fat Total Carbohy Dietary Fiber Total Sugars Includes <10		ed su	gar	15 5 g 4 g 4 g 0 g	25 145 05
Vitamin A 10 (100% as Beta-Caroter	04 mcg RAE ne)	10%	Folic Acid	367 mcg DFE	90
Vitamin C (as Ascorbic Acid)	45 mg	50%	Vitamin Bl2	25 mcg	1040
Vitamin E (as D-alpha Tocopher	13 mg a-TE yl Acetate)	90%	Biotin	20 mcg	70
Thiamin	2 mg	170%	Calcium (as Calcium Car	60 mg bonate)	4
Riboflavin	2 mg	150%	Zinc (as Zinc Glucono	2.3 mg ate)	20
Niacin (as Niacinamide)	26 mg	160%	Chromium	100 mcg	290
Vitamin B6 (as Pyridoxine HCL)		410%			
Biosphere Flber® Guar Gum, Locust	Bean Gum	, Citrus	Pectin, Oat Fibe	2,228 mg er, Beta Glucan	
Unicity 7x™ Proprietary Blend o	of Plant-De	rived P	oylysaccharide:	1,404 mg s, Gum Arabic	
Bios Cardio Matrix ¹ Phytosterols, Police		ar Car	oo Evtract)	418.5 mg	

OTHER INGREDIENTS: Natural Flavors, Resistant Maltodextrin, Orange Juice Powder, Citric Acid, Stevia Extract (Rebaudioside A>75%, Steviol Glycosides>95%).

Designed for health

Today, we face a health crisis unlike any the world has ever seen.

Despite scientific advancements in medicine and health care, people are unhealthier than ever.



Balance

FAQs

How does Balance work?

Balance includes viscous soluble fiber. This type of fiber forms a thick gel when combined with water and as it moves through the digestive tract. The gel-like consistency helps slow the emptying of your stomach, which results in prolonged satiety.

Why are there vitamins and minerals in Balance?

The vitamins and minerals in Balance help support proper digestion and help the body's enzymes work efficiently.

Can I take Balance at other times of the day or before having a snack?

Yes. Many people who use Balance find that they consume fewer snacks between meals, and if they indulge, they feel better afterward. However, you will get the most benefit from using Balance before a meal, as it can help with dietary cholesterol and carbohydrate absorption from your food.

Who can take Balance?

We recommend Balance for adults who want to maintain good digestive and metabolic health. Pregnant and nursing women should consult their physician before taking Balance. As with any nutritional supplement, if you have any questions, consult your healthcare provider prior to use.

I understand increasing fiber can impact my system. Will I experience bloating or any discomfort?

Introducing fiber (Balance) can increase gas or bloating in some people. This is a normal reaction as your body begins to acclimate to the increased daily fiber intake. The effects should diminish after 2–3 weeks. If you're very uncomfortable, consider halving the portion of Balance you take before each meal for 3–7 days.

Can I still take Balance if I forgot to take it before a meal? Should I skip it if I already ate?

Balance is designed to be taken before your meal, but it would be better to take it late rather than not at all. The soluble dietary fibers in Balance will still support your digestive health.

Can I take this product with less than the recommended amount of water?

One serving of Balance should be mixed in 8-10 oz. (240-300 mL) of water. Taking this product without the recommended amount of liquid may cause choking. Do not use this product if you have difficulty swallowing.

What if I experience heartburn while using Balance?

If you are experiencing heartburn with Balance, try reducing the size of your meals, eating more slowly to allow your body ample time to digest, or starting with a half serving while your body adjusts. These can help reduce bloating and reduce pressure on your stomach.



Unicity designs and develops innovative nutritional products that make healthy living doable in an on-the-go world.

Balance

The smart solution to balanced nutrition
Mixed Berry Flavor



Most people know that fiber supports digestive health. But in addition to aiding digestion, fiber can also help lessen the impact excess dietary carbohydrates and cholesterol can have on the body. Soluble fibers, in particular, help support important bodily functions, like helping to maintain healthy cholesterol and blood sugar levels. However, the prevalence of processed foods and modern farming techniques has led to higher levels of sugar and lower levels of fiber in the foods we eat.

Unicity Balance is a pre-meal drink with a proprietary fiber matrix that includes bioactive plant compounds, polysaccharides, and micronutrients. The fiber matrix is designed to help ease some of the impact excess dietary carbohydrates and cholesterol can have on the body. Balance is also formulated to provide essential vitamins, minerals, and soluble fibers to help curb your appetite.

Features



Biosphere Fiber: A proprietary blend of five soluable fibers



Unicity 7x: A specialized blend of plant-derived polysaccharides and Gum Arabic



Bios Cardio Matrix: A blend of plant extracts and phytosterols



Bios Vitamin Complex: A unique blend of vitamins and minerals



Convenient single-serving packets



Naturally flavored



Naturally sweetened with stevia extract

- Helps curb appetite between meals*
- Aids in reducing the amount of dietary cholesterol that's absorbed into the bloodstream*
- Helps reduce carbohydrate absorption in the body*
- Supports normal, healthy blood glucose levels*
- · Supports healthy weight management*
- Supports time-based eating and other intermittent fasting methods

Balance



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- Mix Balance with Oasis for added skin health benefits in your daily routine.
- Mix Balance with Super Green + for added antioxidant and phytonutrient benefits.

Use

- For best results, take 1-2 times daily, before or with meals. Vigorously mix each stick pack with 8-10 oz. (240-300 mL) of water and drink immediately.
- For added benefits, combine Unicity Balance with a form of intermittent fasting like 16:8.

- Adults wanting to increase their fiber intake
- Individuals interested in maintaining healthy blood sugar and cholesterol levels
- Those looking to support their weight-management efforts

Balance

Ingredients

Biosphere Fiber Proprietary Formula®: Biosphere is a unique blend that includes five different sources of fiber. These fibers help support cholesterol levels and slow the conversion of high-glycemic carbohydrates into blood alucose.

Ingredients: Guar Gum, Locust Bean Gum, Citrus Pectin, Oat Fiber, Beta-Glucan

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Ingredients: Phytosterols, Policosanol (Sugar Cane Extract)

Bios Vitamin ComplexTM: The Bios Vitamin Complex is a unique blend that supports healthy metabolism. This blend is designed to aid in proper digestion and optimize the conversion of food to fuel.

Ingredients: Calcium Carbonate, Vitamin C (ascorbic acid), Chromium, Vitamin A (beta carotene), Vitamin E (D-alpha Tocopheryl Acetate), Niacin (Niacinamide), Zinc (Zinc Gluconate), Vitamin B6 (Pyridoxine HCl), Vitamin B12 (Cyanocobalamin), Folic Acid, Vitamin B1 (Thiamin), Biotin, Riboflavin

Amount Per Stick Pack		% Daily V		alue	
Calories Total Fat Total Carbohy Dietary Fiber Total Sugars Includes <1		ed su	gar	15 5 g 4 g 4 g 0 g	25 145 05
Vitamin A 2 (100% as Beta-Carote	25 mcg RAE ne)	25%	Folic Acid	367 mcg DFE	90
Vitamin C (as Ascorbic Acid)	45 mg	50%	Vitamin B12	25 mcg	1040
Vitamin E (as D-alpha Tocophe	13 mg a-TE ryl Acetate)	90%	Biotin	20 mcg	70
Thiamin	2 mg	170%	Calcium (as Calcium Carbo	60 mg nate)	4
Riboflavin	2 mg	150%	Zinc (as Zinc Gluconate	2.3 mg	20
Niacin (as Niacinamide)	26 mg	160%	Chromium	100 mcg	290
Vitamin B6 (as Pyridoxine HCL)	7 mg	410%			
Biosphere Fiber® Guar Gum, Locust	Bean Gum	, Citrus	Pectin, Oat Fiber, I	2,228 mg Beta Glucan	
Unicity 7x™ Proprietary Blend o	of Plant-De	rived P	oylysaccharides, G	1,404 mg Sum Arabic	
Bios Cardio Matrix		aar Car	ne Extract)	411 mg	

OTHER INGREDIENTS: Citric Acid, Resistant Maltodextrin, Natural Flavors, Stevia Extract (Rebaudioside A>75%, Steviol Glycoside >95%), Beetroot Powder.

Designed for health

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Despite scientific advancements in medicine and health care, people are unhealthier than ever.



Balance

FAQs

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Balance is designed to be taken before your meal, but it would be better to take it late rather than not at all. The soluble dietary fibers in Balance will still support your digestive health.

Can I take this product with less than the recommended amount of water?

One serving of Balance should be mixed in 8-10 oz. (240-300 mL) of water. Taking this product without the recommended amount of liquid may cause choking. Do not use this product if you have difficulty swallowing.

What if I experience heartburn while using Balance?

If you are experiencing heartburn with Balance, try reducing the size of your meals, eating more slowly to allow your body ample time to digest, or starting with a half serving while your body adjusts. These can help reduce bloating and reduce pressure on your stomach.



Unicity designs and develops innovative nutritional products that make healthy living doable in an on-the-go world.

Unimate

Ultra-concentrated yerba mate drink mix Natural Lemon Flavor



There are some days when you feel like you're on top of the world—it's those kinds of days where you accomplish more, and you do it with style. Other days, your brain feels foggy, and you can't focus. So what makes the difference? How can you make every day a great day?

Unimate helps make great days the rule, not the exception.

Yerba mate comes from a plant native to South America, where it has been consumed in community rituals for hundreds of years. Naturally rich in antioxidants and nutrients, yerba mate has been traditionally used to promote mental clarity, endurance, appetite control, and an improved mood. The yerba mate leaves in Unicity Unimate undergo a unique five-step process—handpicking, fire roasting, extracting, concentrating, and purifying. The result is a proprietary extract that enhances the benefits of yerba mate and contains up to 10 times the amount of chlorogenic acids (feel-good elements) found in a typical cup of coffee and 20 times the chlorogenic acids found in other commercially available yerba mate products. No matter what daily tasks await, Unimate will support your cognitive function and endurance and help you feel great.

Choose Unimate, and choose to feel great.

The BioSelect™ Process

Unimate is uniquely powerful thanks to Unicity's BioSelect™ Process: select harvesting, bioactive preservation, precision refinement, bioactive concentraion, and efficacy assurance.













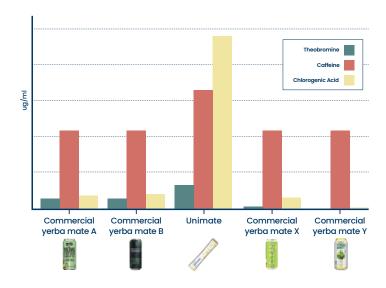






5 ASSURANCE

Unimate



Commercial yerba mate vs Unimate

These findings are based on a study conducted by Unicity.

Features



High-quality, purified, ultra-concentrated yerba mate



Gluten free



Kosher certified



No added sugar (sweetened with stevia)



Rich source of Chlorogenic acids, Theobromine, Mate saponins, and Antioxidants



Convenient single-serving packets

- Supports feelings of well-being*
- Supports healthy cognitive processes*
- Helps maintain endurance and stamina*
- · Promotes satiety*
- Supports weight-management efforts*
- Promotes the body's ketone production*

Unimate



When to use

- · Before working out.
- In the morning to start your day with a boost of energy.
- Between meals.
- Before an important meeting, test, or presentation.
- · Whenever you want to combat brain fog or mental fatigue.

Try this

- Prepare your Unimate hot, and stir with a cinnamon stick.
- Try adding a tablespoon of coconut oil to your Unimate.
- Add a tablespoon of Complete powder for a healthier, sweeter beverage.
- Try Unimate Lemon with ice for a cool, delicious recharge.
- Looking for an extra boost? A Matcha-Unimate combination should do the trick.

Use

- Mix the entire contents of 1 stick pack (5.1 g) with 17-24 oz (500-700 mL) of hot or cold water (add more or less to taste). Drink 2 times daily.
- As Unimate does not break your fast, take it first thing in the morning for added satiety and energy support, and take it again right before your first meal of the day.

- Entrepreneurs, Business People, Super Moms, and Super Dads:
 Unimate provides just the right amount of support to nail that
 afternoon presentation, finish all the household tasks, or help
 the kids with the project they just conveniently remembered
 was due tomorrow.
- Athletes: Whether you're working out or enjoying your favorite sporting activity, Unimate helps you tackle it all. The convenient on-the-go packets make it easy to take Unimate with you for those longer excursions.
- College Students: Unimate promotes focus and concentration, and it helps you find the motivation to create successful habits and sustain a busy social life.

Unimate

Ingredients

Greena yerba mate leaf: Yerba mate comes from the leaves of the holly plant native to the central regions of South America. Yerba mate has been used by indigenous people for centuries. Yerba mate is a natural source of caffeine, and it contains a myriad of natural polyphenols, which have potent antioxidant properties.

Yerba mate contains naturally occurring:

- Chlorogenic acids Chlorogenic acids are polyphenolic compounds found in plants and seeds, such as yerba mate, green coffee beans, and tea. Chlorogenic acids have significant biological effects on the body, including supporting healthy brain function, promoting an improved mood, and regulating lipid and glucose metabolism.
- Mate saponins Mate saponins are a class of molecules that are specific to the yerba mate plant. Mate saponins support metabolic flexibility.
- Theobromine Theobromine is a molecule that contains a structure similar to caffeine. It is perhaps best known as the mood-boosting molecule found in high-quality chocolate. Theobromine promotes feelings of calm, improves focus, and reduces mental fatigue.

Serving Size 1 Packet (5.1 g) Servings Per Container 3						
Amount Per Stick Pack	% Daily Value					
Calories	5					
Total Fat	0 g	09				
Total Carbohydrate	1 g	0%				
Dietary Fiber	0 g	09				
Total Sugars	0 g					
Includes <1g of added sugar	0.5	09				
Sodium	35 mg	25				
UniMate	3 g					
(Green Mate Lea Extract) Powder						

OTHER INGREDIENTS: Citric Acid, Natural Flavors, Sodium Gluconate, Stevia Leaf Extract

Designed for health

Today, we face a health crisis unlike any the world has ever seen. Despite scientific advancements in medicine and health care, people are unhealthier than ever.



Unimate

FAQs

Is Unimate Natural Lemon any different from the previous Unimate Lemon?

Unimate Natural Lemon is an exciting update to our current Unimate formula. Natural Lemon contains the same potent yerba mate extract with the same amazing benefits, but is naturally flavored and sweetened with Stevia.

How much caffeine is in one serving of Unimate?

The product has been tested for an upper caffeine limit, and it has about as much caffeine as one cup of premium coffee.

However, since natural ingredients can have some variation, the caffeine amount is not standardized.

Can I take Unimate with Unicity Matcha?

Yes, you can use both products at the same time. Both products contain caffeine, so caffeine-sensitive individuals would be well advised to not drink the beverages together or before bed.

Is this product compatible with ketogenic or other low-carb diets?

Unimate is ideal for keto or other low-carb diets because it helps make the body more efficient at producing ketones, the body's quick energy source from fat. Unimate prevents that tired, empty, listless feeling that comes from not having enough to eat because it helps the body use stored fat for energy.

What are mate saponins?

Mate saponins are a class of saponin molecules that are specific to the yerba mate plant. Mate saponins have been shown to have significant biological effects, particularly in the realm of weight loss and fat burning.

How is this product different from Unicity Matcha?

The two products differ in the types of energy they provide: Unicity Matcha supports physical energy, and Unimate supports mental energy. Matcha increases the amount of energy (ATP) produced, resulting in more cellular energy. Unimate promotes an improved mood, a sense of well-being, and it promotes the feeling that you can accomplish anything. Additionally, since Unimate also enhances ketone production, ketones can provide energy as well.

Why can't pregnant or nursing women use this product? Can kids use Unimate?

Unicity does not test products on children, pregnant women, or nursing women. Therefore, Unicity cannot recommend usage for these demographics. It is also good to note that Unimate does contain natural caffeine, and many sources indicate that caffeine may not be good for pregnant women or young children.

What are chlorogenic acids?

Chlorogenic acids are a family of polyphenolic compounds found in plants and seeds, such as yerba mate, green coffee beans, and tea. They have important biological effects, including supporting healthy blood pressure, supporting healthy brain function, and promoting an improved mood. Unimate contains around 20 times more chlorogenic acids than standard yerba mate drinks.

What is the obromine?

Theobromine is a molecule that is similar in structure to caffeine. It is perhaps best known as the mood-boosting molecule found in high-quality chocolate. Theobromine promotes feelings of calm, improves focus, and reduces mental fatique.

UNICITY

Unicity designs and develops innovative nutritional products that make healthy living doable in an on-the-go world.

Unimate

FAQs

What if I experience heartburn while using Unimate?

If you are experiencing heartburn with Unimate, it could be that your stomach is more sensitive to caffeine intake or the flavor. Give your body a few weeks to adapt and in the meantime, avoid drinking additional caffeinated products. You may also try drinking Unimate slowly over a longer period of time, drinking a half serving, or adding more water when you prepare Unimate.



Unimate

Ultra-concentrated yerba mate drink mix Lemon Ginger Flavor



There are some days when you feel like you're on top of the world—it's those kinds of days where you accomplish more, and you do it with style. Other days, your brain feels foggy, and you can't focus. So what makes the difference? How can you make every day a great day?

Unimate helps make great days the rule, not the exception.

Yerba mate comes from a plant native to South America, where it has been consumed in community rituals for hundreds of years. Naturally rich in antioxidants and nutrients, yerba mate has been traditionally used to promote mental clarity, endurance, appetite control, and an improved mood. The yerba mate leaves in Unicity Unimate undergo a unique five-step process—handpicking, fire roasting, extracting, concentrating, and purifying. The result is a proprietary extract that enhances the benefits of yerba mate and contains up to 10 times the amount of chlorogenic acids (feel-good elements) found in a typical cup of coffee and 20 times the chlorogenic acids found in other commercially available yerba mate products. No matter what daily tasks await, Unimate will support your cognitive function and endurance and help you feel great.

Choose Unimate, and choose to feel great.

The BioSelect™ Process

Unimate is uniquely powerful thanks to Unicity's BioSelect™ Process: select harvesting, bioactive preservation, precision refinement, bioactive concentraion, and efficacy assurance.







2 BIOACTIVE PRESERVATION



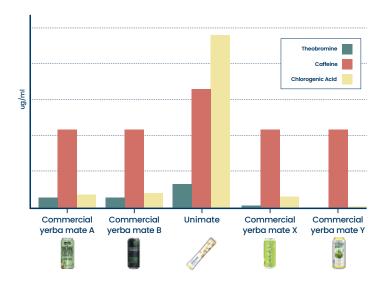
3 PRECISION



4 BIOACTIVE CONCENTRATION



Unimate



Commercial yerba mate vs Unimate

These findings are based on a study conducted by Unicity.

Features



High-quality, purified, ultra-concentrated yerba mate



Gluten free



Kosher certified



No added sugar (sweetened with stevia)



Rich source of Chlorogenic acids, Theobromine, Mate saponins, and Antioxidants



Convenient single-serving packets

- Supports feelings of well-being*
- Supports healthy cognitive processes*
- Helps maintain endurance and stamina*
- · Promotes satiety*
- Supports weight-management efforts*
- Promotes the body's ketone production*

Unimate



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- · Before working out.
- · In the morning to start your day with a boost of energy.
- Between meals.
- Before an important meeting, test, or presentation.
- · Whenever you want to combat brain fog or mental fatigue.

Try this

- Prepare your Unimate hot, and stir with a cinnamon stick.
- Try adding a tablespoon of coconut oil to your Unimate.
- Add a tablespoon of Complete powder for a healthier, sweeter beverage.
- Try Unimate Lemon with ice for a cool, delicious recharge.
- Looking for an extra boost? A Matcha-Unimate combination should do the trick.

Use

- Mix the entire contents of 1 stick pack (5.1 g) with 17-24 oz (500-700 mL) of hot or cold water (add more or less to taste). Drink 2 times daily.
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 Unimate provides just the right amount of support to nail that
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Unimate

Ingredients

Greena yerba mate leaf: Yerba mate comes from the leaves of the holly plant native to the central regions of South America. Yerba mate has been used by indigenous people for centuries. Yerba mate is a natural source of caffeine, and it contains a myriad of natural polyphenols, which have potent antioxidant properties.

Yerba mate contains naturally occurring:

- Chlorogenic acids Chlorogenic acids are polyphenolic compounds found in plants and seeds, such as yerba mate, green coffee beans, and tea. Chlorogenic acids have significant biological effects on the body, including supporting healthy brain function, promoting an improved mood, and regulating lipid and glucose metabolism.
- Mate saponins Mate saponins are a class of molecules that are specific to the yerba mate plant. Mate saponins support metabolic flexibility.
- Theobromine Theobromine is a molecule that contains a structure similar to caffeine. It is perhaps best known as the mood-boosting molecule found in high-quality chocolate. Theobromine promotes feelings of calm, improves focus, and reduces mental fatigue.

Serving Size 1 Packet (6.3 g) Servings Per Container 30							
Amount Per Stick Pack	% Daily Value						
Calories	10						
Total Fat	0 g	0%					
Total Carbohydrate	2 g	0%					
Dietary Fiber	0 g	0%					
Total Sugars Includes <1g of added sugar	0 g	0%					
includes vig of daded sugar		07					
ŲniMate	3 g	-					
(Green Mate Lea Extract) Powder							

OTHER INGREDIENTS: Erythritol, Citric Acid, Sodium Gluconate Natural Flavors, Ginger Root Extract, Rebaudioside A, Sucralose.

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Despite scientific advancements in medicine and health care, people are unhealthier than ever.



Unimate

FAQs

How much caffeine is in one serving of Unimate?

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Can I take Unimate with Unicity Matcha?

Yes, you can use both products at the same time. Both products contain caffeine, so caffeine-sensitive individuals would be well advised to not drink the beverages together or before bed.

Is this product compatible with ketogenic or other low-carb diets?

Unimate is ideal for keto or other low-carb diets because it helps make the body more efficient at producing ketones, the body's quick energy source from fat. Unimate prevents that tired, empty, listless feeling that comes from not having enough to eat because it helps the body use stored fat for energy.

How is this product different from Unicity Matcha?

The two products differ in the types of energy they provide: Unicity Matcha supports physical energy, and Unimate supports mental energy. Matcha increases the amount of energy (ATP) produced, resulting in more cellular energy. Unimate promotes an improved mood, a sense of well-being, and it promotes the feeling that you can accomplish anything. Additionally, since Unimate also enhances ketone production, ketones can provide energy as well.

What are mate saponins?

Mate saponins are a class of saponin molecules that are specific to the yerba mate plant. Mate saponins have been shown to have significant biological effects, particularly in the realm of weight loss and fat burning.

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What are chlorogenic acids?

Chlorogenic acids are a family of polyphenolic compounds found in plants and seeds, such as yerba mate, green coffee beans, and tea. They have important biological effects, including supporting healthy blood pressure, supporting healthy brain function, and promoting an improved mood. Unimate contains around 20 times more chlorogenic acids than standard yerba mate drinks.

What is theobromine?

Theobromine is a molecule that is similar in structure to caffeine. It is perhaps best known as the mood-boosting molecule found in high-quality chocolate. Theobromine promotes feelings of calm, improves focus, and reduces mental fatigue.

UNICITY

Unicity designs and develops innovative nutritional products that make healthy living doable in an on-the-go world.

Unimate

FAQs

What if I experience heartburn while using Unimate?

If you are experiencing heartburn with Unimate, it could be that your stomach is more sensitive to caffeine intake or the flavor. Give your body a few weeks to adapt and in the meantime, avoid drinking additional caffeinated products. You may also try drinking Unimate slowly over a longer period of time, drinking a half serving, or adding more water when you prepare Unimate.

