
LEARN TO FLY FISH

WITH **POSTFLY**



GUIDEBOOK

WHERE TO FIND FISH

First Cast

A white silhouette of a fishing rod, positioned vertically on the right side of the cover, extending from the top to the bottom.

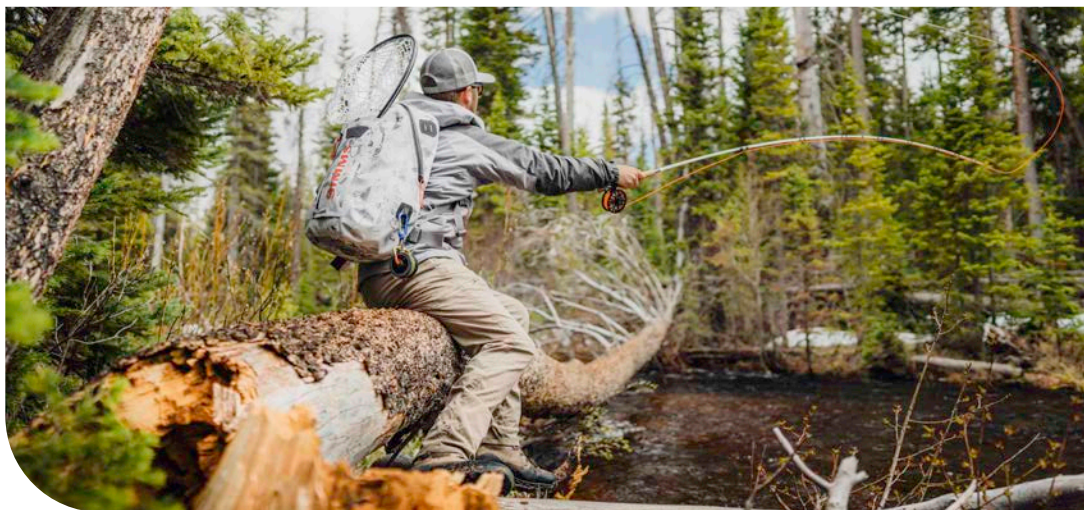
WHERE TO FIND FISH

This is a fairly typical road block we hear about when talking to new anglers.

“I have the gear, I kind of know what I’m doing, now where should I go?”

The short answer is that there are fish in most bodies of water everywhere in the US. However, different techniques for fly fishing are required for different kinds of water conditions.

For this program, we are assuming you are **targeting trout in a river or stream**. It’s typically the most common when it comes to starting out on your fly fishing journey. We’ll cover saltwater and bass fishing later on.



View additional online content on how to read the water and find trout.

Link can be found in the back of this book.



ELEMENTS OF A RIVER SYSTEM

Here's where you should focus to find trout during your next trip.

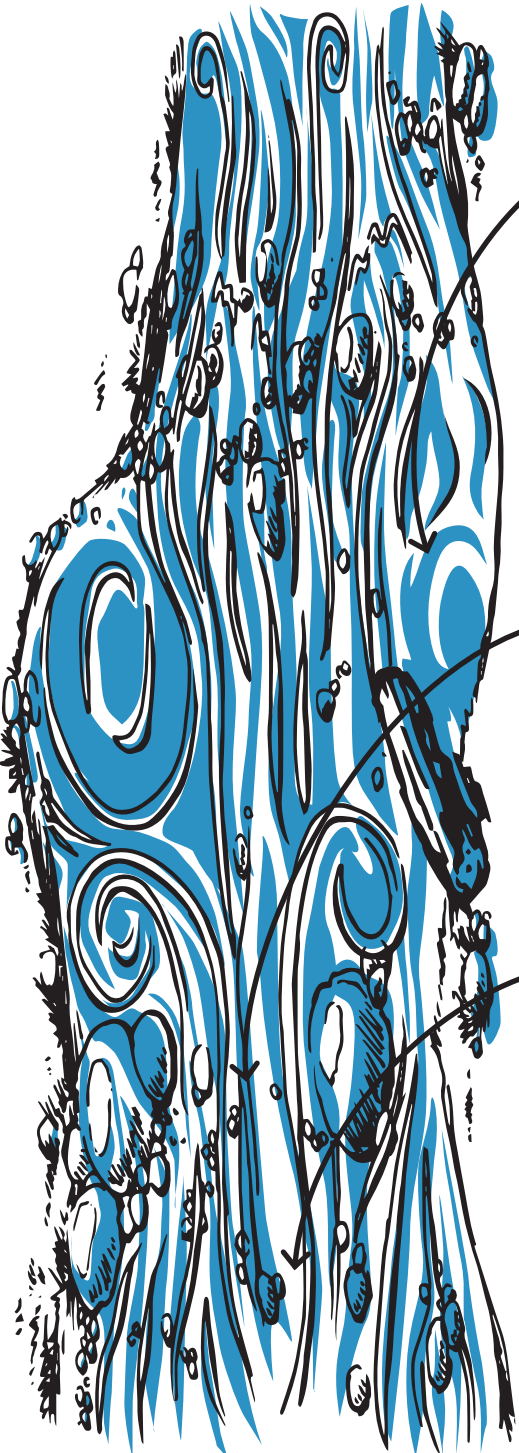
TAILOUT - Where one run ends and flows into the next one creating a funnel of food sources. Fish like to feed in this shallow and softer water section.

POOL - The deep section of a river or stream with slower moving current. Pools often offer a steady food supply for trout. Look for trout sitting at the bottom of pools.

EDDY - The area of recirculating currents behind structures on the banks of a river or stream. This could be a boulder, j-hook, log or sand bar. Often all the goodies fish like to eat get deposited here and fish hang out in the slow water where the current splits AKA the eddyline.



ELEMENTS OF A RIVER SYSTEM (CONT..)



STRUCTURE - Changes in the shape of the bottom of rivers or lakes. Some examples of structure are humps, depressions, sandbars, roadbeds and ledges. Could also include logs, branches or any natural cover for fish.

BUBBLES - Bubbles indicate oxygen rich water where bugs tend to thrive. Follow the bubbles flowing down the river to find seams and pockets where trout like to hang out.

SEAMS - The area where two current flows comes together (one slower, one faster), ideal for holding trout.



Scan the QR code for additional educational videos & digital content to increase your fly fishing IQ.

