

Foreword by *New York Times* bestselling author,

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**LOOK**

THE LIES WE BELIEVE

**WHAT**

AND THE TRUTH

**YOU'VE**

THAT SETS US FREE

**DONE**

TASHA LAYTON

DISCUSSION GUIDE

### Question 1.

Can you remember a moment from your childhood when you were made to feel less-than? How did that experience carry over into your adult life?

### Question 2.

Why do you think is it so difficult to hand over the reins of our lives to God? What are we afraid of losing?

### Question 3.

Have you ever met someone who seems fully free and fully surrendered to God? Describe this person. What characterizes his or her life?

### Question 4.

When have you felt pressured to be a false version of yourself? What were your reasons, and what were the outcomes?

### Question 5.

Have you dealt with an experience at church that derailed your faith?  
How did you move forward from it?

### Question 6.

Have you ever made a decision that you felt to be God-led?  
What did His prompting sound like to you?  
What message did He deliver to your heart?

### Question 7.

Describe a time when God surprised you by fully meeting your needs.  
What did He provide, and how did you respond to His gift?

### Question 8.

What does it look like to trust God with everything?  
Is letting go of the reins easy for you?

## Question 9.

Describe a moment in your life when God showed up and surprised you.

Did He open a door you weren't expecting?

Did He shut a door you were expecting to be opened?

What did you take away from the experience?

## Question 10.

What is something that could have been perceived as a failure but has turned out to be a success in your life?

## Question 11.

Have you ever turned down an opportunity, only to soon be presented with a better one? If so, did you see God behind it?

## Question 12.

Describe a moment when someone had a problem with a decision you made. How did you respond to their criticism? Did you allow your fear of humans to surpass your fear of God?

### Question 13.

What does it mean to be salt leaving the saltshaker?

As we represent God in untraditional spaces, how should we go about it?

### Question 14.

Describe something God has revealed to you in a quiet moment.

Would you have been able to hear Him without the quiet surrounding you?

### Question 15.

What are some of the breakthrough moments in your life when God made His presence most known to you?