

# Settle Your Glitter

## SECOND GRADE SUPPLY LIST

### THEME 1: SAFE RELATIONSHIPS

#### UNIT 1. *Setting the Stage*

- Blank paper
- Crayons, markers
- 10x10 white construction paper
- Mounting tape
- Bulletin board letters- Together We Can
- Photo of teacher, photo of class
- Chart paper
- Settle Your Glitter Journals (one per student)

### THEME 2: SELF-REGULATION

#### UNIT 2. *The Brain*

- Chart paper
- Camera or cell phone with a camera feature

#### UNIT 3. *Breath*

- A chime or app that plays a chime sound

#### UNIT 4. *Feelings*

- Chart paper
- Glue
- Index cards
- Masking tape

#### UNIT 5. *Body*

#### UNIT 6. *Impulse Control*

- Timer

## THEME 3: AWARENESS OF SELF

### UNIT 7. Gratitude

- Sticky notes
- Picture of school custodian
- Chart paper
- Paper picture frames (one per student)
- Markers, crayons

### UNIT 8. Optimism

- Plastic or paper bags
- Dried beans
- Popsicle sticks
- String
- Plates
- Toilet paper rolls
- Tape Bells
- Pictures of instruments
- Chart paper

### UNIT 9. Grit

- Chart paper
- Dry spaghetti noodles
- String
- Tape
- Small marshmallows
- Timer

### UNIT 10. Resilience

## THEME 4: UNDERSTANDING OTHERS

### UNIT 11. Perspective Taking

### UNIT 12. Empathy

- Brown paper circle
- Yellow paper petals (one per student)
- Chart paper
- Glue or tape

## THEME 5: CHANGEMAKER

### UNIT 13. *Kindness*

- Dominoes (8-10)
- Chart paper
- Index Cards (at least one per student)
- Black crayons or markers
- Scissors
- Sandpaper (one small square per student)
- Shiny silk fabric (one small square per student)
- Glue sticks
- Markers

### UNIT 14. *Compassion - Service Learning Project*

- Chart paper
- Materials will vary depending on the Service Learning Project

### UNIT 15. *Hope*

- Tape
- Markers
- Chart paper