



Amazing Character



Character strengths are what make you special.



What you need to know about strengths



They are part of your
everyday life.



What you need to know about strengths



They can help you to look after
yourself and **others**.



What you need to know about strengths

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Integrity

Everyone has strengths
and **you** can decide
how and **when** to use
them.



What you need to know about strengths

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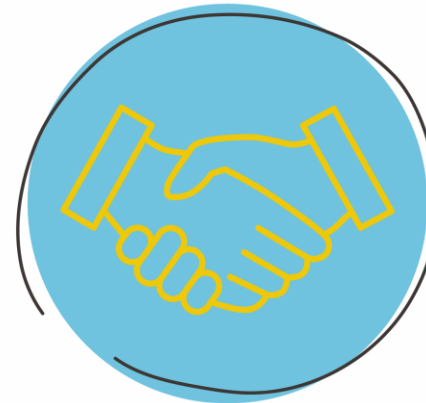
Think about the times when you have shown:



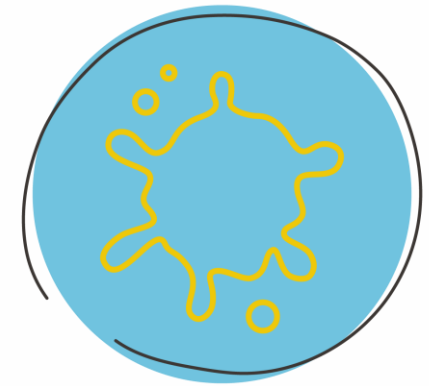
Courage



Kindness



Teamwork



Creativity



How did using your strengths
make you **feel**?



Using your strengths is not
always easy, but it can make a
big
difference to your life and to the
lives of those around you.

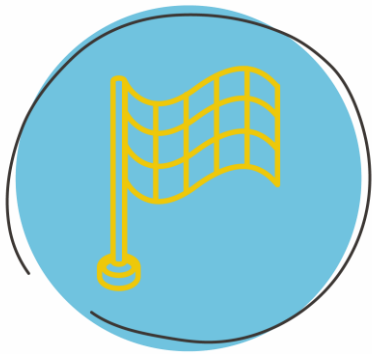


What you need to know about strengths

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Using your strengths is
the only way to be the
best that you can be.



Perseverance



Here's how some Amazing People used their strengths to be the **best** that they could be.



How Amazing People used their strengths

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Abebe Bikila was
an amazing sportsperson
that used **adaptability**
to continue competing
following a car accident.



Adaptability



How Amazing People used their strengths



Frida Kahlo was a famous artist that used **resilience** to overcome many challenges.



Resilience



So, now it's time for **you** to work
on **your** strengths.



How to be amazing!



Know

what your strengths are.

Understand

how your strengths work.

Use

your strengths.



Are you ready to be
amazing?

